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Tuesday, September 20, 2011
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News worth sharing.

▶ Mount Royal University president David Docherty and vice-president Robin Fisher, right, don their heels yesterday at the Olympic Plaza.

JEREMY NOLAIS/METRO

Walking a mile in her shoes

Calgary's bravest gents donned heels and set out for a mile-long test of determination during the 10th annual Walk A Mile In Her Shoes event yesterday. The event aims to raise awareness and funds to support sexual assault and domestic violence victims.

Cops investigate possible homicide

▶ Crime scene extended from an apartment parking lot into the street ▶ Investigators believe the attack was not random

KATIE TURNER
@METRONEWS.CA

Police are investigating a possible homicide after a man died following an early-morning altercation in Calgary's northeast yesterday.

Around 3 a.m., police were called to an apartment complex in Taradale. Upon arrival, they immediately took one man into custody after finding a second man injured on the ground.

The victim, thought to be in his mid-20s, was taken to hospital where he was later pronounced dead.

Anthony Cordoviz has lived in the neighbourhood for over five years and said it was a shock to see the crime scene outside his door yesterday.

"The neighbourhood is good, we've had no incidents here," he said. "It's unfortunate that it did happen in our neighbourhood."

Staff Sgt. Grant Miller said many of the details, including the cause of death, are unclear at this point but he added some weapons were recovered from the scene.

Officers are continuing to question the man in custody.

"We think they are known to each other, and that's part of our investigation, to determine what exactly that relationship is," said Miller.

"He seemed to play a role in whatever disturbance there was there, and it just takes time to sort our exactly what his role was."

The victim's identity and cause of death will be determined during an autopsy, which is scheduled for today. It would be the city's fifth homicide of 2011.

KATIE TURNER/METRO

▶ Police on scene in Taradale yesterday.

Crime scene

- A Calgary Parking Authority (CPA) officer was in the area at the time of the incident.
- The CPA vehicle became part of the crime scene.
- According to acting CPA manager Troy McLeod, the employee is assisting police in the investigation.
- Those who may have witnessed the incident are asked to contact police.

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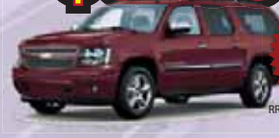

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Former candidates endorse front-runner Gary Mar

Two former rivals have thrown their support behind the front-runner in the campaign to become Alberta's next premier.

Gary Mar, a cabinet minister from the Ralph Klein era, welcomed the endorsement of former Progressive Conservative party leadership candidates Ted Morton and Rick Orman, who were both eliminated after the party's first ballot vote on the weekend.

Party members must choose between Mar and candidates Alison Redford and Doug Horner in a runoff vote in Edmonton on Oct. 1.

The development is key because Mar won about 41 per cent of the vote on the first ballot. Morton took 12 per cent and Orman 10 per cent. The candidate who gets 50 per cent of the votes plus one on the second ballot will become the next premier.

"Ted and Rick bring their commitment to strong fiscal policy and clear change in how government can work better," Mar said in a news release late yesterday afternoon.

"The government needs their voices as we manage the fiscal challenges facing Alberta. I also need their contributions going forward and their assistance in working on national and international issues critical to Alberta."

THE CANADIAN PRESS

CALGARY POLICE

▶ Fire likely sparked by an illegal bypass device gutted the basement of this home on Templeview Way N.E. where marijuana was being grown.

Grow-op set up like 'a ticking time bomb'

- Unsafe bypass electrified soil around at least one home
- Neighbours reported crackling noise prior to fire there last month

JEREMY NOLAIS
@METRONEWS.CA

Potential dangers surrounding two northeast Calgary grows can literally make neighbours' hair stand on end.

Police issued a public warning yesterday that a marijuana grower's tampering with the electrical supply led to the soil around at least one home in the 200 block of Templeview Way N.E. to become electrified and potentially deadly.

That same residence caught fire Aug. 24.

"It's not a matter of if these places will catch fire but when," said police Det. Scott Sampson. "It's like a ticking time bomb."

Maxine Hendricks and her husband Terry Lawson live next to the home in question and arrived home to a crackling noise in the area just before fire broke out. "Terry went over to one of the guys there and said, 'Hey, buddy, I think your grow-op is on fire,'" Hendricks recalled yesterday.

Notification from police that the charged soil around the home could have caused fatal injuries shocked Hyam Alghandour, a mother with seven children living across the street.

"It's scary," she said. "The kids are always playing with the neighbours and running over there to the park."

Illegal signs

- Police Det. Scott Sampson said the device being used by marijuana growers to draw power from the general electric supply is likely being purchased internationally.
- Investigators found the same device at a grow-op fire Sept. 6 in the 100 block of Saddleridge Close N.E.
- Police are asking residents to report suspicious homes in their neighbourhoods.
- Some signs of illegal activity include excessive humidity on the exterior of the residence, loud exhaust fans, skunk-like odours and people coming and going at odd hours.

1 news

New research points to a frightening link between child-abuse rates and economic turmoil in the U.S. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

As the European banking system goes, so goes the stock market — and now there's reason to think good thoughts about Europe. Allan Small has more at metronews.ca

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Transit users' comments

Metro asked Calgary Transit users what they think of the plan to establish an advisory committee for the transit system.

Chris Morrison
"I gather it's a good thing, more input from people who actually use the service as opposed to people who do not.... I doubt that it will (make a difference), but I'm hopeful."

Sandra Jeffrey
"I hope people give their honest opinions and feedback because sometimes the service is really, really terrible. I would appreciate any feedback we can give, if it helps to improve the service."

April Harvey
"I think it probably is a good idea.... It depends how they use it, but it could be a good idea."

COMPILED BY KATIE TURNER

Riders' input wanted

Advisory committee to become operational in coming weeks ◗ Members will vary, from students to seniors

KATIE TURNER
@METRONEWS.CA

METRO FILE

▶ Calgary Transit yesterday announced the creation of a customer advisory committee, which will allow a group of 15 transit users to provide feedback on the system.

Transit users will soon have a direct line to city council following the creation of an advisory committee, Calgary Transit announced yesterday.

To date this year, Calgary Transit has seen a total of 56 significant disruptions of more than 30 minutes in length, compared to 46 at the same time last year.

"As we all know, we've had a rough summer," said Mayor Naheed Nenshi. "There's been a number of disruptions to the transit system over the course of the last several months."

Transit director Fred Wong said transit is working with Enmax to improve recent issues with overhead power lines.

"We've heard loud and clear from our customers that we have to be better and I think we can be better," he said.

Wong explained the Calgary Transit Customer Service Advisory Group will be made up of 15 volunteer transit users.

Nenshi said he hopes the input from the advisory committee will allow council to make more informed decisions surrounding Calgary Transit.

Breakdown

- Of the 56 significant disruptions, 25 were caused by mechanical breakdowns or technical issues with the train, according to Wong.
- The remaining 31 were a result of vehicle or pedestrian collisions, or emergency situations.
- By the end of October, various sections of the line will have been closed for 26 of 44 weekends for planned maintenance and upgrades.
- Those wishing to be a part of the committee can apply at calgarytransit.com/ctcag.

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Suite talk turns sour

A few feathers were ruffled when a loaded term was thrown out during yesterday's council meeting.

During a lengthy debate on secondary suites, Ald. Gian-Carlo Carra accused some of his colleagues of "environmental racism." Carra later apologized and explained his frustration over what he perceives as discrimination against renters and homeowners wanting to build secondary suites.

"He seemed to suggest that I have a racist view about renters," Ald. Gord Lowe said. "No, I don't, and I take offence."

KATIE TURNER

Three people arrested in drug bust

Police efforts to root out drug trafficking and related crimes in Calgary have yielded three arrests and 28 charges. Police said the charges were laid after officers raided a home in the 0-100 block of Cranleigh Drive S.E. on Sept. 15 and found almost $5,000 in cash, cocaine, marijuana and MDMA. METRO

Limit traffic in grizzly country: Activists

Conservationists say there are fewer than 700 grizzlies left in Alberta and 90 per cent of bear deaths occur within 500 metres of roads where animals are shot by poachers and hunters. They want a clampdown on driving in sensitive backcountry habitat. THE CANADIAN PRESS

Shoes key in nabbing suspect

Man accused in sex assault made first court appearance yesterday

JEREMY NOLAIS
@METRONEWS.CA

A pair of shoes and input from the public proved vital in apprehending the man police accuse of a sex assault in July.

Police allege Steven John Mulcahy, 37, broke into a home on Maddock Drive Northeast and attacked a woman sleeping in her bed.

Staff Sgt. Dave Louie called the offence a "stranger attack," noting the victim does not know the accused. "It's very uncommon," he said yesterday. "These type of offences happen rarely."

The case got a lot of media attention over the past two months after police revealed the attacker left behind a rare pair of hiking shoes at the victim's home.

Investigators also canvassed neighbourhoods near the victim's home last month in the hope of drumming up leads. It all paid off, Louie said.

"She (the victim) is relieved," he said. "She is also happy, ecstatic this person has been apprehended, arrested and charged."

Mulcahy does not live in the area but has some friends who do, Louie said. He was not known to police.

Charged

- **Steven John Mulcahy** faces one count each of break-and-enter and sexual assault. He was arrested at work on Saturday.
- **Mulcahy's Facebook page** says he has several children and is involved in an "open relationship."

CONTRIBUTED

▶ A composite sketch and a photo of the shoes left behind by an accused assailant led police to make an arrest on Saturday.

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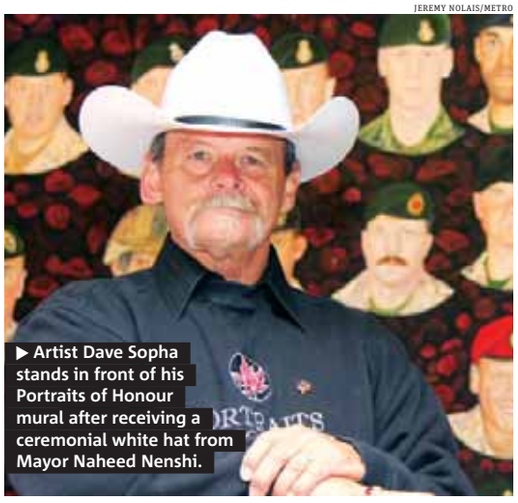

▶ Artist Dave Sopha stands in front of his Portraits of Honour mural after receiving a ceremonial white hat from Mayor Naheed Nenshi.

Operation Mural comes to town

◗ Portraits of 156 Canadians killed in Afghanistan on display on Stephen Avenue ◗ Nationwide tour has made more than 100 stops to date

JEREMY NOLAIS
@METRONEWS.CA

Taking in the Portraits of Honour mural proved to be just one of many emotional moments experienced by Calgarian Diane Dallaire over the past five years.

Her son Kevin, 22, was killed in a rocket-propelled-grenade attack while serving in Afghanistan in 2006.

The mural, created by veteran Dave Sopha and depicting the face of each fallen soldier, commemorates the lives lost and seeks to raise awareness of survivors coping with post-war injuries and stress.

"It's amazing the things people take time to do," Dallaire said yesterday while awaiting the mural's unveiling on Stephen Avenue. "This is a wonderful tribute to our fallen soldiers."

A team of nine has been carting the mural across the country on a roughly five-month tribute tour.

Operations manager Sean Libin said seven Calgary soldiers have paid the ultimate sacrifice while serving in Afghanistan and many more have come home with "invisible injuries."

"We see the ones who have lost an arm or leg, but it's hard to see the ones going through stress, anxiety and inability to cope," he said.

For more information on the tour and mural, go to portraitsofhonour.ca.

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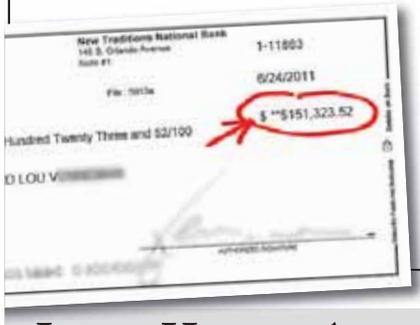

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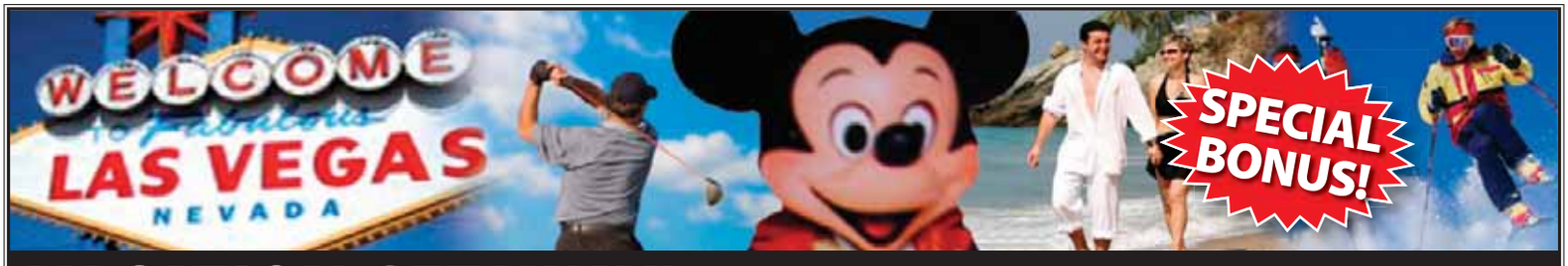

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Politicians unite to remember Jack

- Layton died of cancer last month
- Prime minister says NDP leader was a fighter until the end

Politicking and partisanship briefly evaporated in the House of Commons yesterday as MPs remembered Jack Layton's courage, optimism and kindness.

The bitterness that has become a hallmark of parliamentary debate in recent years was nowhere in evidence as the tributes rolled out to waves of applause in the chamber where Layton often pleaded for greater civility.

Prime Minister Stephen Harper praised the late NDP leader as someone who earned the affection and respect of his fellow MPs.

Harper spoke of friendships that can grow even between opponents.

"In the case of Jack Layton, I believe that all of us developed this affection inexorably," Harper said.

"His passion, his perseverance, his ability to be at once tough and cheerful would eventually win over even those who most strongly disagreed with him."

He said he and Layton rarely agreed, but they shared a love of country.

"In the heat of our debates, we too often forget that people of good will share the deepest motivations and the highest aspirations," he said. "We differ only on how we believe we should act on these in order to address the practical problems that lie before us."

ADRIAN WYLD/THE CANADIAN PRESS

▶ Olivia Chow, MP and widow of former NDP Leader Jack Layton, is applauded after delivering a tribute to her husband in the House of Commons yesterday.

Interim NDP Leader Nycole Turmel pledged to keep her party true to Layton's legacy.

"Day after day, he fought for the little guy," she said. "In Jack Layton's memory we carry on this work."

Bob Rae, the interim Liberal leader, had a catch in his voice as he remembered Layton.

"While Jack is gone and has passed away, the things that he stood for and the values that he had and the warmth and strength and quality of his personality will never die, will never disappear," Rae said.

He said Layton will not be forgotten.

"His passion, his perseverance, his ability to be at once tough and cheerful would eventually win over even those who most strongly disagreed with him."
PRIME MINISTER STEPHEN HARPER

"As an adversary and as a friend we shall miss him."

Harper and Turmel also paid tribute to Olivia Chow, Layton's widow and herself a Toronto MP.

Chow thanked Harper for granting her husband the honour of a state funeral and for the "comfort and support" the prime minister and his wife Laureen offered both privately and publicly.

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JOHN PALMEN/FOR METRO

▶ Visa Parviainen, in his jet-powered wingsuit

"Like most good ideas, it came from the vodka bottle" — this is how Finland's Visa Parviainen describes the decidedly extreme sport of jet-powered wingsuit flying. He talks to Metro about how it feels to fly sky high.

How did you come up with this idea?

I'm a big fan of skydiving. Over the last years I have made 2,300 jumps. One time I went out drinking with some hot-air-balloon pilots and we decided to unite our forces.

How does it work?

The engines I use are from a Dutch company that can take off the ground any object that weighs less than 80 kilograms. They were designed for model airplanes but they were also used by the military. These are real rocket engines.

How are they attached to your suit?

I have attached them to a pair of ice-hockey boots, which is great, as they are of a rigid and light design.

The first time I jumped out of that hot-air-balloon basket, it was terrifying. In spite of the fact that I was attached that time by safety wires to the balloon. But after 120 jumps, I have gotten used to it.

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Tell me honestly: What do you want to achieve?

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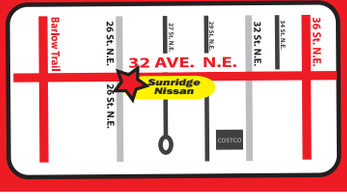

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- Left crater 11 kilometres wide, one kilometre deep

FIKRIA HIDAYAT/KOMPAS IMAGES/THE ASSOCIATED PRESS

▶ An archaeologist working along the flanks of Mount Tambora shows unearthed remnants of villages.

Bold farmers in Indonesia routinely ignore orders to evacuate the slopes of live volcanoes, but those living on Tambora took no chances when history's deadliest mountain rumbled ominously this month.

Villagers like Hasanuddin Sanusi have heard since they were young how the mountain they call home once blew apart in the largest eruption ever recorded — an 1815 event widely forgotten outside their region.

The 45-year-old farmer didn't wait to hear what experts had to say when Mount Tambora started being rocked by a steady stream of quakes. He grabbed his wife and four young children, packed his belongings and raced down its quivering slopes.

"It was like a horror story, growing up," said Hasanuddin, who joined hundreds of others in refusing to return to their mountainside villages for several days despite assurances they were safe. "A dragon sleeping inside the crater, that's what we thought. If we made him angry — were disrespectful to nature ... he'd wake up spitting flames."

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U.S. allows gay recruits

Leaders say repealing policy was long overdue Gay-rights groups planning to celebrate lifting of ban

The military says it's ready for the lifting today of a ban on gays serving openly, while supporters applaud the historic change as a victory for equal rights.

Last week, the Pentagon said 97 per cent of the military has undergone training in the new law. Defence Secretary Leon Panetta, Joint Chiefs chairman Adm. Mike Mullen, and President Barack Obama have all certified that allowing openly gay service members will not undermine the effectiveness of the military or its recruiting.

THE ASSOCIATED PRESS

Ban lifted

- The ban will end at one minute after midnight. At that time, revised Defence Department regulations will take effect, to reflect the new law that will allow gays to serve openly.
- Lifting the ban will mean a halt to all pending investigations that were begun under the "don't ask, don't tell" law.
- Existing standards of personal conduct, such as those pertaining to public displays of affection, will continue regardless of sexual orientation.

Japan. Demonstration

▶ Protesters in costume perform during an anti-nuclear demonstration in Tokyo yesterday.

KOJI SASAHARA/THE ASSOCIATED PRESS

No to nuclear power

Chanting "Sayonara nuclear power" and waving banners, tens of thousands of people marched in central Tokyo yesterday, calling on Japan's government to abandon atomic energy in the wake of the Fukushima nuclear accident.

Dozens of people shot dead in pub

Armed men from Congo burst into a pub in the central African nation of Burundi and killed 36 people, an official said yesterday.

Burundi, a tiny nation still reeling from a civil war that killed more than 250,000 people, is awash in weapons, but attacks like the one Sunday night are rare. Still, the region borders eastern Congo, which is wracked by violence from a myriad of rebel groups.

Congolese officials were "astonished'' by reports that the attackers were believed to be from his country.

THE ASSOCIATED PRESS

Background

- For the past year, there have been reports that the extremist Burundian Hutu rebel group is operating in eastern Congo and may be preparing for war in Burundi.

Children win cash, guns

$700 The amount awarded to the first-prize winner of a controversial contest. The winner also wins a gun.

An Islamist radio station in Somalia says it's awarding guns, bombs and books to three children in a Qur'an recital contest.

Andulus radio station is run by the al-Qaida-linked al-Shabab militia, which is battling Somalia's weak, UN-backed government.

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How far will $1.5 trillion go?

President Barack Obama's plan to cut U.S. deficit includes raising $1.5 trillion in tax increases ◗ That's worth the economies of Mexico and Australia combined ◗ Metro discovers just how much you can buy with this money

President Barack Obama called for $1.5 trillion US in new taxes yesterday, part of a 10-year deficit-reduction package totalling more than $3 trillion. He vowed to veto any deficit-reduction package that cuts benefits to Medicare recipients but does not raise taxes on the wealthy and big corporations.

The president's proposal would predominantly hit upper-income taxpayers but would also reduce spending in mandatory-benefit programs, including Medicare and Medicaid, by $580 billion. It also counts savings of $1 trillion over 10 years from the withdrawal of troops from Iraq and Afghanistan.

The deficit-reduction plan represents an economic bookend to the $447 billion in tax cuts and new public works spending that Obama has proposed as a short-term measure to stimulate the economy and create jobs. And it gives the president a voice in a process that will be dominated by a joint congressional committee charged with recommending deficit reductions of up to $1.5 trillion.

His plan served as a sharp counterpoint to Republican lawmakers, who have insisted that tax increases should play no part in taming the nation's escalating national debt. Obama's plan would end Bush-era tax cuts for top earners and would limit their deductions.

THE ASSOCIATED PRESS

Going the extra mile

- If you were to stack $1,000 bills, the height of the pile formed by $1.5 trillion would be 193 kilometres.
- $1.5 trillion in single-dollar bills would weigh about 1.7 million tonnes. If you stacked that sum in dollar coins, you could reach Mars.

For each person, an allowance ... and some pork

- Since America needs it, you could give away the $1.5 trillion by donating $5,000 to every man, woman and child.
- You could buy everyone on Earth an iPod.
- You could buy America's supply of bacon for the next 750 years.

Luxury for all

- You could provide everybody in Los Angeles with two Lamborghini Gallardos, or give every man in the U.S. a men's Presidential Rolex watch.
- You could send all U.S. citizens on an all-inclusive vacation to Tahiti or buy 1,500 Queen Mary 2 cruise ships.

Wipe Britain's slate clean

- If you were feeling a little generous, you could donate the entire amount to the United Kingdom and eradicate its national debt.

LILLO MONTALTO MONELLA/ METRO WORLD NEWS
SOURCES: GLOBALRESEARCH.CA, COSMOLOAN

Netflix launches new site for DVDs

Netflix Inc. is moving to separate the DVD-by-mail plan it built its business on from the online-streaming service it's betting will be future of entertainment consumption.

The mail-order plan, which the company only operates in the United States, will be renamed Qwikster.

In a few weeks, Netflix subscribers who want to get DVDs by mail will go to a separate website to access Qwikster. The streaming business will continue to be called Netflix.

The move appears to have no impact on Canadian Netflix subscribers who are estimated to number at about one million. In Canada, the company offers online streaming services, and chose to skip the mail-order option entirely when it launched about a year ago.

U.S. members who subscribe to both mail and streaming services will have two entries on their credit card statements. The distinctive red envelopes will now say Qwikster.

It's a risky bet. The amount of streaming content the company offers is still far less than the number of DVDs in its catalogue. And competition, from Hulu, Amazon, Coinstar's Redbox kiosks and other services, is growing. Netflix could even alienate customers further by asking them to now deal with two separate websites and accounts instead of just one.

The changes come as the company faces increasing scrutiny from customers and shareholders over the decision announced in July to separate its mail-order and Internet-streaming services into two separate plans. The change raised the prices for users who want both services, by as much as 60 per cent for some. THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

Dollar	Natural gas 1,000 cu ft
- 1.11¢ (101.04¢ US)	$3.801 (- 0.8¢)
	Gold contracts
	$1,781.30 (- $35.80)
Oil	**TSX**
- 2.26¢ US ($85.70 US)	- 101.72 (12,172.04)

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UGGS, CROCS, YOGA PANTS AND NOW ... LEGGINGS

SHE SAYS ...

JESSICA NAPIER
METRO

Last week, MSN Travel released their top 10 list of the world's worst-dressed cities. Anyone familiar with international travel won't be surprised to learn that eight out of the 10 cities listed are in North America; two of those offenders are Canadian.

Ottawa, you're forgiven for your eighth-place ranking — as home to sensible-suit-clad politicians you've got more serious things to worry about than leopard print versus polka dots for fall.

Vancouver, on the other hand, rightly earns its spot in third-place for its yoga-pant epidemic. Those ubiquitous stretchy black pants seem permanently affixed to every woman (and most of the men) living in the Lower Mainland, regardless of whether or not they have plans to do Ashtanga.

"While they do resemble a trouser, leggings are never an acceptable substitute for proper leg wear unless you're a superhero or a cat burglar."

But here's the thing, yoga pants aren't really all that bad. Yes, wearing them as outwear when you're not en route to the gym reeks of laziness and an "I've given up" attitude, but at least they're functional as athletic wear.

Canada's biggest fashion faux pas is plaguing cities coast to coast. I'm talking of course about the yoga pant's ghastly cousin: leggings. Despite what you might want to believe, leggings, in all of their questionable incarnations (pleather, patterned, embellished), are not pants. Don't be fooled. While they do resemble a trouser, leggings are never an acceptable substitute for proper leg wear unless you're a superhero or a cat burglar.

I'm not going to lie, I've been there. For years I worshipped at the altar of American Apparel. I purchased those black cotton Spandex jersey standbys in bulk, ensuring that when one pair ripped — because they always did — there would be three more understudies waiting to step in. Oh how I loved those merciful waistbands, keeping me blissfully ignorant of my winter weight gain.

But then, in a luminous moment of clarity, I realized just how unforgiving these stretchy staples really are. I was kidding myself with my black-is-slimming mentality. They don't disguise anything; they cling in an entirely shameful manner to every lump and bump from your torso onward. And so I banished them to the back of the closet and embraced structured leg wear.

I'll admit, I still slip up from time to time — usually when I'm running late for a hungover brunch date and I can't face the suffocating reality of denim. But whenever I'm tempted to reintroduce them into my regular wardrobe rotation, I just remind myself Lindsay Lohan designed an entire collection around this fashion DON'T.

Read more of Jessica Napier's columns at metronews.ca/shesays

Register at metropolitanpanel.ca and take the quick poll

Do you think Remembrance Day should be a statutory holiday, as it is in most other provinces?

27% NO

72% YES

Local tweets

- **@haydon dewes:** Sign spotted in #yyc outside tattoo parlour: "Get a tat or Chuck Norris will punch you."
- **@jpbremner:** Poor turnout in Calgary Fort, only 216 votes cast. C'mon SE #yyc, let's try to have some say in the next premier. #ableg #pcldr
- **@tripletakeout:** Pretty sure I'm the most amped person on our team for #curling practice today in #YYC. 4 Days until our first event!
- **@ajeshilling:** Things that do not interest me today: AB tory ldrshp race, #yyc transit claiming no delays and talk of "winter" being on its way.
- **@Diva_Serenity:** Just past a hippie downtown #yyc. An actual hippie. Crazy
- **@oobinsnaffa:** How's everyone in #yyc this chilly day? I have a cup of tea, and I'm feeling great now!
- **@cfdavison:** Watching a male journalist who I shall keep anonymous put on powdered make up before he goes live on tv at the courthouse #yyc HA
- **@AshleyDavey:** The mountains are covered in snow today. Welcome ski season. #YYC

Letters

The Harper government is justifying its intention to eliminate the single-desk selling power of the Canadian Wheat Board by claiming Western farmers want freedom in marketing their grain. This despite a recent survey that disclosed that the majority of Western farmers prefer to have the Wheat Board do the marketing for them. Clearly the Conservative position is based on so-called "free market" ideology.

This raises the question as to whether Harper is prepared to apply this ideology to dairy producers too. Will the Canadian Dairy Commission, which sets quality standards and stabilizes the production and pricing of milk in Canada, be the next target? Giving dairy producers freedom of choice will release them from production quotas and prices set by the CDC. Under the terms of the North American Free Trade Agreement it would also open the door for international corporations to move in to the Canadian market and turn a handsome profit while exploiting both producers and consumers alike.

WILLIAM DASCAVICH, EDMONTON

Cartoon by Michael de Adder

WEIRD NEWS

Catch me if you can: Man disguised as pilot escapes

A man who disguised himself as an airline pilot tried to enter a restricted area of a New Zealand airport and then escaped after he was challenged.

New Zealand police say they are looking for a man who on Saturday entered the Auckland Airport dressed in a white shirt with epaulets on his shoulders and a dark cap with a silver winged badge.

He was also carrying a large briefcase.

According to the police, the man tried to get into a restricted "airside" area before being challenged by ground staff.

The man then escaped from the airport and jumped into the passenger seat of a black Toyota van and drove away.

The incident is reminiscent of the 2002 movie Catch Me If You Can, which recounts the true story of a young con artist who successfully poses as an airline pilot before being caught by the FBI.

THE ASSOCIATED PRESS

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2 scene

Scene in brief

Stephen Colbert meeting Radiohead calls for an hour-long episode of The Colbert Report. The Comedy Central show will air its first hour-long episode Sept. 26, when Colbert sits down with the British rock group.

THE ASSOCIATED PRESS

Scan this code or visit metronews.ca/scene to find out who claimed the Polaris Prize at last night's gala.

HANDOUT

▶ Cameron Crowe, left, directs Pearl Jame Twenty, which tells the story of Eddie Vedder and crew's success.

For the love of music

Director Cameron Crowe indulges his passion for music and Eddie Vedder in Pearl Jam Twenty

NED EHRBAR
SCENE@METRONEWS.CA

Music has always played a major part in director Cameron Crowe's films, with 2000's Almost Famous being perhaps the most music-centric. So it was only a matter of time before he threw himself completely into a rock and roll documentary like he's done with Pearl Jam Twenty, about the iconic Seattle band. "Almost Famous was about loving music and being a fan, and Pearl Jam Twenty is about loving music and being a band," Crowe explains.

The film premieres tonight in cities around the world as a one-night cinematic event before starting week-long runs in select cities Friday and heading to DVD October 25. Accompanying the film is a comprehensive book by Jonathan Cohen with Mark Wilkerson and a two-disc soundtrack of live recordings and bootlegs hand-selected by Crowe. Crowe, a longtime friend of the band, admits a lot of inspiration for the project came from Martin Scorsese's 2005 Bob Dylan documentary, No Direction Home, which also eschewed a traditional theatrical run. "I felt so satisfied and inspired by that movie that I wanted to listen to more Bob Dylan," Crowe says. "I thought that if we can make a movie the way a Pearl Jam record makes you feel, then we're in good shape."

Screenings

- Pearl Jam Twenty screens tonight at select theatres across Canada.
- Visit filmswelike.com for locations and times.

The director insists this isn't your standard Behind the Music fare. "I've always felt that the story of Pearl Jam is a great story," Crowe says. "It's beyond just a rock story. In fact, it takes the usual rock story and turns it on its head. The usual rock story is incredible promise — brilliance, maybe. Tragedy cuts it short. And aren't we sad that we've lost this wonderful opportunity. Pearl Jam is exactly the opposite. It's a tragedy that was surmounted. And these guys found joy through survival, and studying what happened with rock before with some of their heroes."

For the band, while the amount of focus and introspection might be uncomfortable at first, they're happy with the finished product. "Maybe it's good that this movie kind of happened now. We've been in grateful mode and appreciation mode of each other for, I think, for quite some time," says frontman Eddie Vedder.

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- Northgate Centre
- Northgate Centre (kiosk)
- Sherwood Park Mall
- South Edmonton Common
- South Park Centre
- Southgate Mall (kiosk)
- St. Albert Trail at 137 Ave.
- West Edmonton Mall
- West Edmonton Mall (kiosk)
- Westmount Centre
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- Lloyd Mall

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- Carry Drive Plaza
- Medicine Hat Mall

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RED DEER
- Bower Place Shopping Centre
- Parkland Mall

ROCKY VIEW
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DVD Releases

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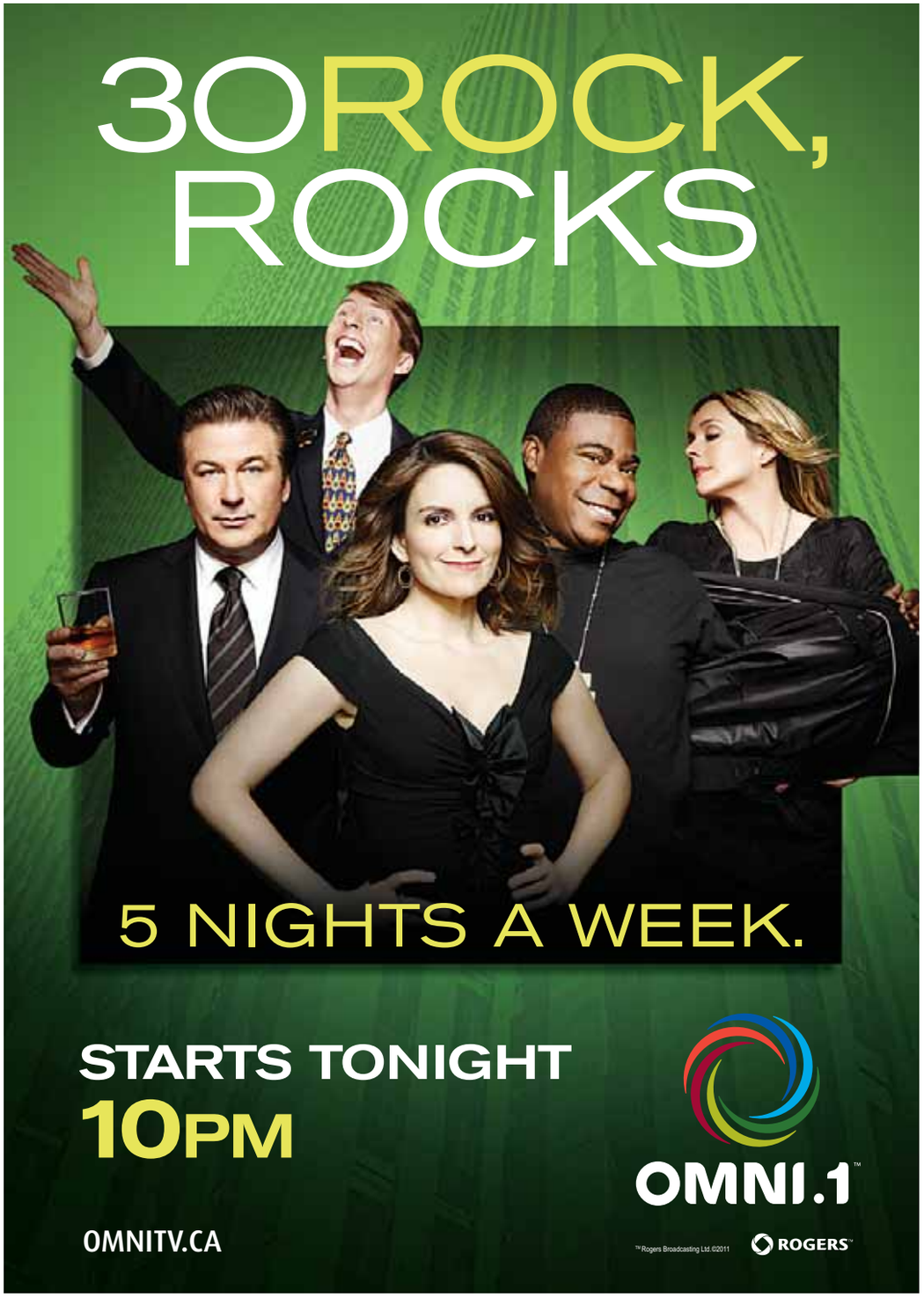
Conan O'Brien Can't Stop
Genre: Documentary
Director: Rodman Flender
Stars: Conan O'Brien, Andy Richter, Stephen Colbert

Where others might have speed-dialed the suicide-prevention hotline following the late-night lunacy of early 2010, Conan O'Brien instead called his travel agent. Humbled by his abrupt exit from The Tonight Show, and blocked from immediate TV work, the ginger-haired funnyman exorcised his demons in public.

His resulting 33-city touring song-and-joke variety show, captured by the documentary lens of Rodman Flender for Conan O'Brien Can't Stop, is combination therapy and screw-you retribution. It's also entertaining.

Flender doesn't belabour the events that led up to O'Brien's rise, fall and subsequent rise again (he has a new show on TBS) in the late-night wars.

But neither does Flender deliver a big sloppy valentine to O'Brien, who comes across as affable yet prickly during his coast-to-coast trek. Coco loses patience at times with his staff, his fans and even loyal sidekick Andy Richter, and doesn't care if people know it. His mobile therapy seems to have worked. Just imagine how much he saved himself in psychiatric fees. PETER HOWELL



Bridesmaids
Genre: Comedy
Director: Paul Feig
Stars: Kristen Wiig, Maya Rudolph, Rose Byrne

The surprise summer hit Bridesmaids is smart, funny and frequently gross, three things that movies aimed at women supposedly aren't — or so the boys all think, anyway.

The fact is that the gals can be every bit as riotous and rude as the guys.

SNL's bright light Kristen Wiig stars (and also co-writes with Annie Mumolo) as terminal failure Annie, a woman on the verge of a marital meltdown not of her making. Unlucky in love herself, and a recent failure in the bakery business, Annie is pulled into the mine field of wedding planning when her childhood BFF Lillian (Maya Rudolph) asks her to be her maid of honour.

Lillian neglects to tell her that she's also asked her new BFF Helen (Rose Byrne, deliciously bitchy) to do much the same job.. The inevitable friction between the two and the other brides (including a hilarious Melissa McCarthy from TV's Mike & Molly) continues on a road trip to Vegas.. PETER HOWELL

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Kunis gets hacked, romance revealed?

- **Will photos prove Justin and Mila are truly friends with benefits?**
- **Rumours of Timberlake's manbits making an appearance persist**

Justin Timberlake and Mila Kunis are shrugging off reports that Kunis' phone was hacked last week, leading to the discovery of several steamy photos of the Friends with Benefits stars, according to People magazine.

"At no time did Mr. Timberlake and Ms. Kunis exchange inappropriate texts or emails," a joint statement from their reps reads.

"The insistence that there is any inappropriate correspondence between the two parties is entirely false."

One of the alleged photos was said to be of Kunis in a bathtub, while another reportedly showed Timberlake with lingerie on his head. A third photo reportedly featured male genitalia.

"We would like to confirm that the photo addressed in the media of Ms. Kunis was in fact not from any phone but from an inactive email account that has not existed in three years," the statement reads.

"In regards to the other photos in question, they were never exchanged between the two parties."

METRO

ALL IMAGES GETTY

▶ Justin Timberlake and Mila Kunis

Celebrity tweets

@oliviawilde

If I'm remembered for one thing in life, it may be my ability to start spontaneous dance parties. Kids under 5 always dominate. i love kenya

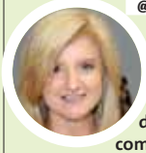
@SteveMartinToGo

I think @ConanOBrien is just about to steal a joke I'm just about to think up. So, I'm going to retro-think it up after he tweets it.

@adriangrenier

I really want to tell you how amazing the airplane bfast was on @VirginAmerica but I'm afraid you'll think I was paid :/ though I wasn't!

@ariannahuff



Have to say, with 15 million jobless, didn't see it coming that GOP nomination would hinge on HPV vaccine.

A b-day reunion for Anthony and Lopez

For his 43rd birthday, Marc Anthony got a visit from soon-to-be ex-wife Jennifer Lopez, who visited Anthony at the Miami home they used to share this weekend, according to Us Weekly.

Lopez, on a break from filming What to Expect When You're Expecting, brought by the couple's three-year-old twins, Emme and Max.

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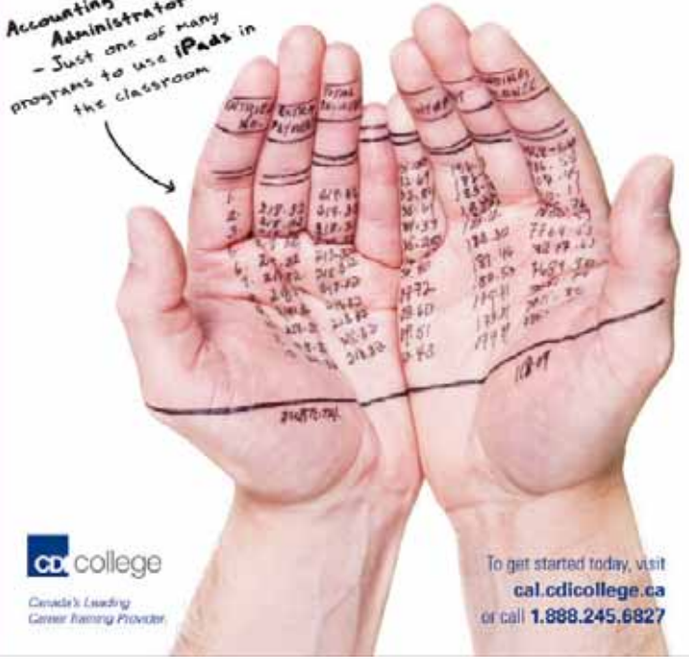

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3 life

Flu shot

As provinces get ready to roll out their annual flu shot programs, new research suggests vaccinating little kids could significantly reduce hospital visits during flu season. The study shows emergency department visits for flu-like complaints declined by 34 per cent.

THE ASSOCIATED PRESS

Lock up medications: More young kids getting inadvertently poisoned: study

ISTOCK PHOTO

▶ One expert says everyday painkillers are getting a bum rap.

Pregnancy and the pain

Director of Motherisk program at Sick Kids preaches talking to your physician, not panic

CELIA MILNE
LIFE@METRONEWS.CA

Can you safely take Advil while you are pregnant? Ask your doctor.

A new study from the University of Montreal has revealed a possible link between NSAID painkillers and miscarriage.

While this study is a useful reminder that women should be cautious about taking drugs in pregnancy, it certainly doesn't prove anything, says Dr. Gideon Koren, director of the Motherisk program at the Hospital for Sick Children in Toronto.

"It is a national sport in Canada to scare pregnant women, even through research which cannot prove the point," says Koren of the study.

"As a rule, Motherisk believes that in pregnancy women should not self-prescribe, but rather talk to their physicians on needs, benefits and risks."

Here's how the Montreal study worked: Using a Quebec registry of patients, researchers found 4,705 women who had had a miscarriage.

Each case was compared to 10 women in the registry who had not had a miscarriage.

They looked back over records to find out which women had been prescribed NSAIDs by a doctor. NSAIDs include celecoxib (Celebrex), rofecoxib (Vioxx), ibuprofen (Advil) and naproxen (Aleve).

They found that women who received at least one prescription for NSAIDs were more than twice as likely to have a miscarriage than women who did not.

The study, which was published in the Canadian Medical Association Journal, did not ask women whether they actually took the drugs, and did not include information about women taking over-the-counter Advil and Aleve.

"The study from Montreal has, we believe, major methodological problems that do not allow drawing a conclusion," says Koren.

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FDA says OZ claims are false

The U.S. Food and Drug Administration and a leading doctor are disputing claims by television show host Dr. Mehmet Oz that trace amounts of arsenic in many apple juice products pose a health risk.

Oz said on his show last week that testing by a New Jersey lab has found what he implied are concerning levels of arsenic in many juices.

However, the FDA says the lab methods were not appropriate and that its own tests show much lower arsenic levels. The agency warned the show's producers in advance that their testing was misleading.

Dr. Richard Besser, former acting head of the Centers for Disease Control and Prevention, also scolded Oz.

THE ASSOCIATED PRESS

Concussions have an impact on NHL

Brain injuries — and how to prevent them — top of mind as NHL training camps begin Few solutions

With blades hitting the ice with the start of NHL training camps last Saturday, the issue of concussions in hockey is top of mind for a group of doctors, researchers and players who want to educate the public about the potential long-term effects of the brain injury.

A public meeting held on the weekend at Toronto's St. Michael's Hospital looked at the situations under which concussions occur and how they can be prevented, with a focus on teaching young players about the dangers of head trauma and how to better protect themselves.

"There's still an attitude out there that brain injury is like a broken arm," said neurosurgeon Dr. Michael Cusimano, who helped organize the conference. "We take our brains for granted, and we need to have people realize that you can't take your brain for granted."

RYAN REMIORZ/THE ASSOCIATED PRESS

▶ Max Pacioretty has suffered concussions.

Michael Hutchison, a post-doctoral fellow in injury prevention at St. Mike's, presented findings from a study of almost 200 concussions that occurred among NHL players from the start of the 2007 season to mid-season 2010.

By analyzing video clips of incidents that led to those brain injuries, Hutchison found that, not surprisingly, most are caused by direct hits to the head involving actions by other players — predominantly head shots with a shoulder, elbow or gloves. The study also showed that forwards incurred more concussions than defencemen.

THE CANADIAN PRESS

Best Health Minute

BONNIE MUNDAY, EDITOR-IN-CHIEF, BEST HEALTH MAGAZINE

Not all fats are bad For optimum health, don't cut out all fats; you should eat healthy fats (meaning the monounsaturated/polyunsaturated) each day, according to Canada's Food Guide. But even some of those are better than others.

The following four foods are all good in that they are low in saturated fat and have zero cholesterol.

Here's what's in one tablespoon in terms of calories and fat:

- Olive oil 120 calories, 14 grams fat (2 grams saturated)
- Margarine (non-hydrogenated) 105 calories, 12 grams fat (2 grams saturated)
- Peanut butter 90 calories, 7 grams fat (1 gram saturated)
- Avocado 24 calories, 2 grams fat (1 gram saturated)

My pick as a spread is avocado, hands down When that midmorning hunger hits, there I am spreading a quarter of an avocado onto a piece of wholegrain toast or a few crackers. A squeeze of lime gives it some zip, and this is a snack that sets you up until lunch time.

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- How to create the right physical environment to facilitate the programming of your mind and your aura.
- How to create channels and avenues for your desires to become a physical reality.

This course is being offered in Calgary on the 29th and 30th of October'2011.
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Mixing simplicity & richness

At Cassis Bistro, you'll find delicious cuisine inspired by the South of France While the dishes are rich, the decor takes a minimal approach

LUNCH RUSH

ANH CHU
FOOD@METRONEWS.CA

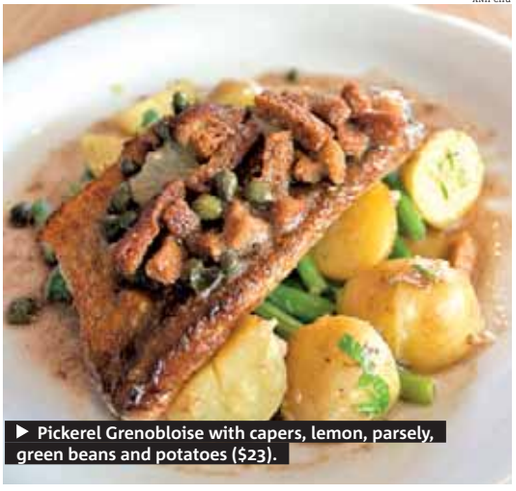
Cassis Bistro offers fare inspired by the South of France. The decor is sparse but the food is anything but.

To start, lamb merguez (sausage) with grainy mustard and baguette ($5) whet our appetites.

My friend ordered the quiche of the day which was goat cheese ($16). The quiche was rich but boasted a superbly light and fluffy texture.

Cassis Bistro
#105, 2505 17 Ave. S.W.
403-262-0036
thecassisbistro.ca
Quick solo lunch: Yes
Client negotiations: Yes
Price range: $8 - $29
Rating: 4 out of 5

ANH CHU



▶ Pickerel Grenobloise with capers, lemon, parsely, green beans and potatoes ($23).

I went with the pickerel grenobloise seasoned with capers, lemon, parsley, green beans and potatoes ($23). The fish was cooked to perfection, with a savoury, buttery sauce.

Our dishes were quite rich for a noontime meal, leaving us feeling totally full (a rare occurrence).

That said, we couldn't turn down a lemon tart with a meringue topping ($8) for dessert.

You can expect a short yet scrumptious menu with French home-cooking like warm ham and cheese sandwiches (croque monsieur). Cassis Bistro is a bit of an indulgence calorie- and wallet-wise, but you'll leave happily stuffed.

Correction

In yesterday's Metro, Rose Reisman's Swap It identified a Starbucks Pumpkin Scone as having 78 g of fat instead of 78 g carbs.

THE CANADIAN PRESS H/O

Avgolemono Soup

Preparation:

1. In large saucepan over medium-high, melt butter. Add onion, carrots and garlic, sauté until onions and carrots are tender, 6 mins.
2. Add broth and bring to simmer. Add orzo and thyme, cook for 6 mins. or until orzo just tender but not mushy.
3. In medium bowl, whisk eggs and lemon juice. Ladle out 250 ml (1 cup) of broth and drizzle it into eggs while whisking. Remove saucepan from heat. While whisking broth and vegetables in saucepan, slowly pour in egg mixture. Whisk until smooth, then season with salt and black pepper.

THE ASSOCIATED PRESS

Ingredients:

- 15 ml (1 tbsp) butter
- 1 yellow onion, diced
- 250 ml (1 cup) shredded carrots
- 2 cloves garlic, finely minced
- 1 l (4 cups) chicken broth
- 50 ml (1/4 cup) orzo pasta
- 5 ml (1 tsp) finely chopped fresh thyme
- 3 eggs
- 45 ml (3 tbsp) lemon juice
- Salt and black pepper

THE RING HAS GOT TO GO

Dear Charles,
What is the etiquette of engagement rings? Our specific question is, since the groom left the bride BEFORE they got married, can she keep the ring? It's an incredible rock and he can easily afford it because he has lots of money. What to do?

CHARLES THE BUTLER

ASKCHARLES THEBUTLER@ METRONEWS.CA

FOR MORE, VISIT CHARLES MACPHERSON.COM

Dear What to do,

I'm sorry to hear of this broken engagement. Matters of the heart are never easy. The honourable gesture is to return the ring.

Put the entire situation into a larger perspective.

The ring is based on the promise of marriage. Therefore when this promise doesn't happen, keeping the ring puts your bride in the wrong. We wouldn't want the bride to appear opportunistic and thus greedy. And between us, I personally believe by returning the ring she will surround herself with good karma for the next great man in her life!

HAVE A QUESTION? EMAIL CHARLES AT ASKCHARLESTHEBUTLER@METRONEWS.CA.

ISTOCK

▶ Engagement rings are based on the promise of marriage.

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SAVE FOR SCHOOL

FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONEWS.CA

Look way past your family's immediate back-to-school costs of books, calculators and clothing. According to TD Bank, a small child today will be faced with approximately $80,000 in post-secondary education expenses.

Parents naturally want what's best for their kids, but the sheer price tag of education leaves them wondering how they're going to make it happen.

Rest assured; education is the most lucrative investment you can make in your child. According to the National Graduate's Survey, their long-term income earning ability is up to a million dollars greater than someone without post-secondary. Plus they'll benefit from more flexibility to pursue a career they're passionate about.

Planning ahead using the Registered Education Savings Plan (RESP) is the best way for families to save for a child's education.

The major benefits of the RESP are; first, money grows through the power of compounded returns; second, the growth is tax-deferred and; third, the government gives you free money toward the plan.

Start now. As soon as your child is born, or once you read this, open an RESP account for them. All you need is a Social Insurance Number for your child and a 30 minute appointment with your financial advisor.

A professional advisor will assist you in selecting the right investments for the RESP portfolio.

Contribute regularly. Every time you get paid, automatically contribute to the RESP that same day.

RESPs are the way forward

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA

Jack is only 3 ½ years old but he has a portfolio. With $1,600 in his RESP (Registered Education Savings Plan), he is starting down a lifelong path of saving and investing.

Since he's my grandson, my goal is to make sure that his nascent portfolio grows happily and safely until he heads off into the post-secondary world.

With some predicting that the cost of a four year degree will hit $100,000 by the time he is of university age, I'd rather he have a shot at higher learning without being encumbered by a debt that will haunt him well into his 30s.

His parents, Jeff and Claudia (my daughter), have all the usual challenges of young moms and dads from mortgages and car loans to saving for their retirement, not to mention all the wants that assail young homeowners from new carpeting to upgrading their kitchen. It's tough to find extra dollars for savings. Do they put those scarce funds in a TFSA (tax-free savings account), RRSP, RESP or devote the money to paying down debt?

Every situation is different, but in Jeff and Claudia's case, I'd rather a bit of money be devoted to Jack's RESP every month than to their RRSPs, if they have to make the choice.

And that's because education is a shorter-term obligation. Jack will be heading off to college or university decades before Jeff and Claudia retire.

While RRSPs provide a tax deduction, the CESG (Canada Education Savings Grant), tops up RESP contributions by 20 per cent on the first $2,500 contributed.

ISTOCK

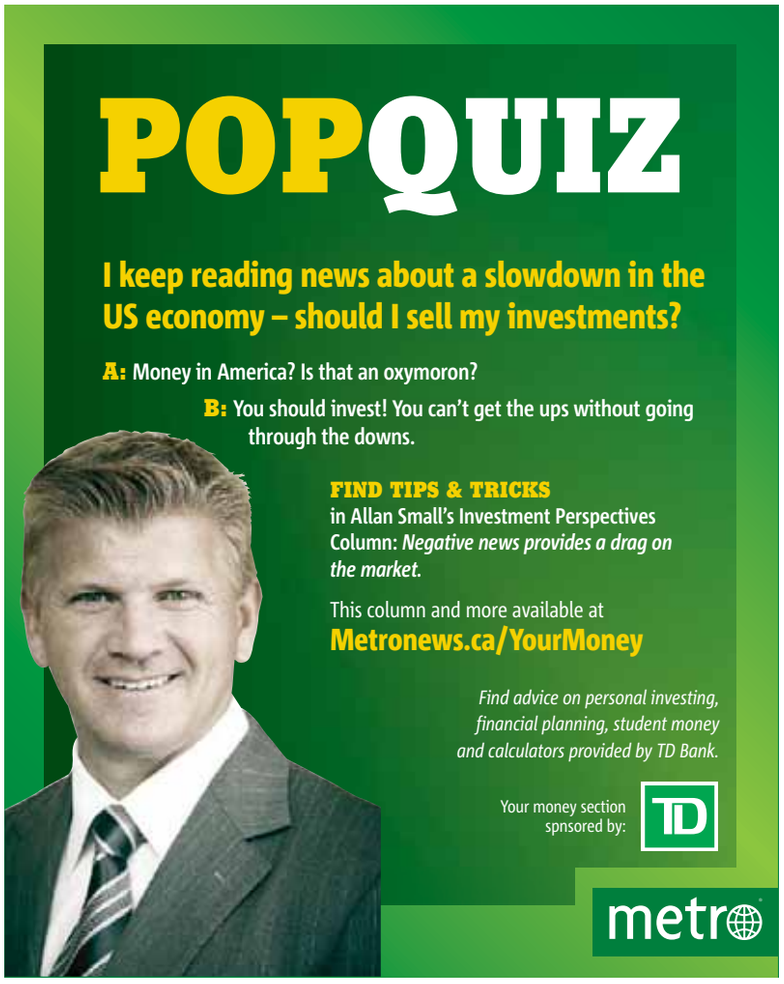
▶ Alison's money rule: Free government money makes RESPs the best deal going for young families.

Higher income families will get a little less on the first $500 and lower income families more, but the average Canadian can count on that grant annually up to a maximum of $7,200 over the life of the plan.

Once the money is inside an RESP you have to decide what to do with it. I posed this question to Jack as he hammered the siding on my house with his new tools. He didn't have an answer. Jeff and Claudia don't have an answer either.

A bank advisor, eager to sell investment products, has already contacted them. Should they go with mutual funds? And if so, which of the 15,000 are their best bet?

Next week I'll tell you what I told them. **CONTACT ALISON AT ALISONGRIFFITHS.CA OR GRIFFITHS.ALISON@GMAIL.COM**


POPQUIZ
I keep reading news about a slowdown in the US economy – should I sell my investments?
A: Money in America? Is that an oxymoron?
B: You should invest! You can't get the ups without going through the downs.
FIND TIPS & TRICKS
in Allan Small's Investment Perspectives Column: Negative news provides a drag on the market.
This column and more available at
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Leafs, Senators give new nets a test drive

Changes intended to help league's video room make correct calls

FRANK GUNN/THE CANADIAN PRESS

▶ Maple Leaf Colby Armstrong is stopped by Senators goaltender Alex Auld during Toronto's 4-2 pre-season win last night.

The NHL is making some tweaks with the start of pre-season play.

Some of the initiatives from last month's research and development camp in Toronto made their way to the Air Canada Centre for last night's pre-season game between the Toronto Maple Leafs and Ottawa Senators.

Among the changes is a green verification line that runs 3-¼ inches behind the goal-line and shallower nets that feature thin mesh along the top and a clear plastic skirt along the bottom.

The proposed tweaks are intended to make it easier for the league's video room to make correct calls using instant replay. Some of them could be in use during the regular season.

"We want to get some good information so that we can take it to the board of governors and give them a good demonstration of what benefit it would be," said Mike Murphy, the NHL's senior vice-president of hockey operations. "That's what we're hoping tonight, that we can get some good footage of it in practical use. We can put this forward."

The board meets today and will likely vote on a proposal that includes the immediate introduction of the verification line and clear plastic skirting along the bottom of the goal, which gives referees a better view inside the net. Neither is considered an official rule change.

The verification line should be a major help during video review.

If a puck can be seen touching part of the green line during a replay it means that it is completely in the net. Depending on the angle, it has sometimes been difficult to tell if a puck has completely crossed the goal-line.

Nets that are four inches shallower will require an adjustment from goalies, but won't be implemented right away. In fact, the league currently only owns the two that were used last night. **THE CANADIAN PRESS**

Chiefs lose star running back

DAVE REGINEK/GETTY IMAGES

▶ Jamaal Charles

The season is over for Jamaal Charles.

The All-Pro running back will go on injured reserve after tearing the anterior cruciate ligament in his left knee, a person familiar with the injury told The Associated Press, leaving the winless Kansas City Chiefs without one of their best offensive players.

The person spoke on condition of anonymity because the Chiefs do not disclose injury details.

Charles, the NFL's second leading rusher last season, sustained the injury after taking an awkward step finishing off a run in the first quarter of Sunday's 48-3 loss to the Detroit Lions.

Charles had an MRI exam yesterday that revealed the extent of the injury.
THE ASSOCIATED PRESS

Danton comes to aid of convulsing teammate

Mike Danton played the hero in his opening game of the Swedish league.

The former NHL player, who served five years behind bars for a failed murder-for-hire plot, rushed to the aid of IFK Ore teammate Marcus Bengtsson, who was convulsing on the ice after a hard hit in Sunday's season-opener.

Danton, 30, was released from prison in 2009 and then played two seasons with the Saint Mary's Huskies in Canadian university hockey before signing this summer with IFK Ore, which plays in the third tier of Sweden's pro system.

"One of the luxuries of my prison experience afforded me to take a first-aid course and become certified in first-aid response," Danton wrote in his blog on the website of DT, a Swedish newspaper.

According to Danton's blog, Bengtsson took a late hit with about 14 minutes left in the game against Soderhamn/Ljusne. He lay on the ice suffering convulsions for six or seven minutes.

"As his eyes continued to roll into the back of his head, his mouth finally opened a bit," wrote Danton, who is captain of the Swedish team. "It was at that time that I jammed my fingers into his mouth and clawed his tongue."

Bengtsson was taken to hospital in Mora, about a 35-minute drive from Furudal. Danton wrote that Bengtsson was alert in hospital but had no memory of the incident.

IFK Ore went on to win the game 4-3.

Danton scored nine goals in 87 NHL games with the St. Louis Blues and New Jersey Devils. He helped Saint Mary's win its first Canadian university hockey championship while maintaining a straight-A average.

The Brampton, Ont., native had hoped for a return to the NHL after his parole ended in January, which lifted his restrictions on travel.
THE CANADIAN PRESS

4 sports

Quoted

"That's foolish on our part medically to put time frame out there."

PHILADELPHIA EAGLES HEAD ATHLETIC TRAINER RICK BURKHOLDER, ON WHEN MICHAEL VICK MIGHT BE READY TO PLAY. VICK SUFFERED A CONCUSSION ON SUNDAY WHEN HE WAS SPUN AROUND BY A DEFENDER AND SLAMMED INTO RIGHT TACKLE TODD HERREMANS.

Scan code for more sports news.

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	92	60	.605	—
Boston	88	66	.571	5
Tampa Bay	85	67	.559	7
Toronto	78	75	.510	14½
Baltimore	63	90	.412	29½

CENTRAL DIVISION

	W	L	Pct	GB
x-Detroit	89	64	.582	—
Cleveland	75	76	.497	13
Chicago	74	78	.487	14½
Kansas City	67	87	.435	22½
Minnesota	59	93	.388	29½

WEST DIVISION

	W	L	Pct	GB
Texas	88	65	.575	—
Los Angeles	83	70	.542	5
Oakland	69	84	.451	19
Seattle	64	89	.418	24

x — clinched playoff berth

Yesterday's results
Baltimore 6-9 Boston 5-18
N.Y. Yankees 6 Minnesota 4
Seattle 12 Cleveland 6 (7 innings)
Toronto 3 L.A. Angels 2 (10 innings)
Sunday's results
Toronto 3 N.Y. Yankees 0
L.A. Angels 11 Baltimore 2
Tampa Bay 8 Boston 5
Chicago White Sox 10 Kansas City 5
Cleveland 6 Minnesota 5
Detroit 3 Oakland 0
Texas 3 Seattle 0
Today's games
Chicago White Sox (Floyd 12-11) at Cleveland (Carmona 6-15), 1:05 p.m. (Doubleheader)
Tampa Bay (W.Davis 10-9) at N.Y. Yankees (Nova 15-4), 7:05 p.m.
L.A. Angels (Pineiro 6-7) at Toronto (Cecil 4-9), 7:07 p.m.
Baltimore (VandenHurk 0-0) at Boston (Bedard 5-9), 7:10 p.m.
Detroit (Penny 10-10) at Kansas City (Mendoza 0-0), 8:10 p.m.
Seattle (Vargas 8-13) at Minnesota (Hendriks 0-2), 8:10 p.m.
Texas (D.Holland 14-5) at Oakland (Harden 4-3), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
x-Philadelphia	98	54	.645	—
Atlanta	87	67	.565	12
New York	73	80	.477	25½
Washington	72	79	.477	25½
Florida	70	84	.455	29

CENTRAL DIVISION

	W	L	Pct	GB
Milwaukee	90	64	.584	—
St. Louis	84	69	.549	5½
Cincinnati	74	80	.481	16
Chicago	68	86	.442	22
Pittsburgh	68	86	.442	22
Houston	53	100	.346	36½

WEST DIVISION

	W	L	Pct	GB
Arizona	89	65	.578	—
San Francisco	83	70	.542	5½
Los Angeles	76	76	.500	12
Colorado	70	83	.458	18½
San Diego	66	88	.429	23

x — clinched playoff berth

Last night's results
St. Louis 4 Philadelphia 3
Houston 3 Cincinnati 2
Florida 6 Atlanta 5
Chicago Cubs 5 Milwaukee 2
San Diego 8 Colorado 2
Arizona 1 Pittsburgh 0
Sunday's results
Milwaukee 8 Cincinnati 1
Washington 4 Florida 3
N.Y. Mets 7 Atlanta 5
Houston 3 Chicago Cubs 2
San Francisco 12 Colorado 5
Arizona 5 San Diego 1
L.A. Dodgers 15 Pittsburgh 1
St. Louis 5 Philadelphia 0
Today's games
Washington (Detwiler 2-5) at Philadelphia (K.Kendrick 8-6), 1:05 p.m. (Doubleheader)
Atlanta (Delgado 0-1) at Florida (Ani.Sanchez 8-8), 7:10 p.m.
Houston (Norris 6-10) at Cincinnati (H.Bailey 8-7), 7:10 p.m.
Milwaukee (Marcum 12-7) at Chicago Cubs (R.Wells 7-4), 8:05 p.m.
N.Y. Mets (Pelfrey 7-12) at St. Louis (E.Jackson 5-2), 8:15 p.m.
San Diego (Latos 7-14) at Colorado (Chacin 11-12), 8:40 p.m.
Pittsburgh (Morton 9-10) at Arizona (D.Hudson 16-10), 9:40 p.m.
San Francisco (Lincecum 13-12) at L.A. Dodgers (Kershaw 19-5), 10:10 p.m.

BLUE JAYS 3, ANGELS 2 (10 INN.)

Los Angeles	ab	r	h	bi	Toronto	ab	r	h	bi
MIzturs 3b	4	0	0	0	McCoy ss	5	1	0	0
BAreu dh	4	0	1	0	EThms lf	4	0	3	0
HKndrc 2b	4	0	0	0	Bautist rf	4	0	1	0
TrHntr rf	4	1	2	1	Lind dh	5	0	0	1
Trumo 1b	4	1	1	1	Encrnc 1b	3	0	1	0
V.Wells lf	4	0	2	0	Wise pr-cf	0	0	0	0
Bourjos cf	3	0	0	0	KJhnsn 2b	4	1	2	0
Aybar ss	4	0	1	0	Lawrie 3b	2	1	0	0
BoWlsn c	3	0	0	0	Rasms cf	3	0	0	0
Callasp ph	1	0	0	0	JMolin ph	1	0	0	0
Mathis c	0	0	0	0	Cooper 1b	0	0	0	0
					Arencii c	4	0	2	2
Totals	**35**	**2**	**7**	**2**	**Totals**	**35**	**3**	**9**	**3**
Los Angeles			**010**		**010 000 000**		**0—2**		
Toronto			**000**		**200 000 1**		**1—3**		

One out when winning run scored.
E—J.Williams (2), Aybar (13). DP—Los Angeles 1, Toronto 1. LOB—Los Angeles 4, Toronto 9. 2B—V.Wells (14), Arencibia (20). HR—Tor.Hunter (21), Trumbo (28). CS—K.Johnson (2), Arencibia (1). S—Bourjos, Lawrie.

Los Angeles	IP	H	R	ER	BB	SO
J.Williams	6 1-3	6	2	0	3	3
Takahashi	1	0	0	0	1	1
Cassevah	2-3	1	0	0	0	0
S.Downs L,6-3	1 1-3	2	1	0	0	1
Toronto						
R.Romero	9	6	2	2	0	5
Janssen W,6-0	1	1	0	0	0	1

T—2:49. A—11,178 (49,260).

CFL

WEEK 13

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Winnipeg	11	8	3	0	265	252	16
Montreal	11	6	5	0	340	276	12
Hamilton	11	5	6	0	296	308	10
Toronto	11	2	9	0	226	320	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Edmonton	11	7	4	0	267	250	14
Calgary	11	7	4	0	288	290	14
B.C.	11	5	6	0	292	244	10
Saskatchewan	11	4	7	0	267	303	8

Friday's game
All Times Eastern
Montreal at Edmonton, 9 p.m.
Saturday's games
B.C. at Saskatchewan, 4 p.m.
Winnipeg at Toronto, 7 p.m.
Sunday's game
Calgary at Hamilton, 1 p.m.

NHL

PRE-SEASON

Yesterday's results
Nashville (ss) 5 Florida (ss) 3
Toronto 4 Ottawa 2
Buffalo 3 Carolina 1
Florida (ss) 4 Nashville (ss) 3
Tonight's games
All Times Eastern
Philadelphia at Toronto, 7 p.m.
Winnipeg (ss) at Columbus (ss), 7 p.m.
Nashville vs. Washington (at Baltimore), 7 p.m.
Dallas at Montreal, 7:30 p.m.
Tampa Bay at St. Louis, 8 p.m.
Columbus (ss) at Winnipeg (ss), 8:30 p.m.
Chicago vs. Edmonton (ss) (at Saskatoon), 9 p.m.
Vancouver (ss) at Calgary (ss), 9 p.m.
Minnesota at Edmonton (ss), 9 p.m.
Phoenix at Anaheim, 10 p.m.
Calgary (ss) at Vancouver (ss), 10 p.m.

CIS FOOTBALL

WEEK FOUR

ATLANTIC CONFERENCE

	GP	W	L	T	PF	PA	Pt
Acadia	2	2	0	0	81	19	4
Saint Mary's	2	1	1	0	64	25	2
Mt. Allison	2	0	2	0	37	90	0
St. F. Xavier	2	0	2	0	19	98	0

QUEBEC CONFERENCE

	GP	W	L	T	PF	PA	Pt
Laval	3	3	0	0	100	49	6
Sherbrooke	3	2	1	0	91	76	4
Concordia	3	2	1	0	88	63	4
Montreal	3	2	1	0	49	47	4
Bishop's	3	1	2	0	77	73	2
McGill	3	0	3	0	35	101	0

ONTARIO CONFERENCE

	GP	W	L	T	PF	PA	Pt
Western Ontario	3	3	0	0	175	56	6
Windsor	3	2	1	0	98	66	4
McMaster	3	2	1	0	68	69	4
Ottawa	3	2	1	0	67	55	4
Toronto	3	2	1	0	36	58	4
Wilfrid Laurier	3	1	2	0	121	106	2
Guelph	3	1	2	0	85	69	2
Queen's	3	1	2	0	66	80	2
York	3	1	2	0	35	74	2
Waterloo	3	0	3	0	53	171	0

CANADA WEST CONFERENCE

	GP	W	L	T	PF	PA	Pt
Calgary	3	3	0	0	116	57	6
Saskatchewan	3	2	1	0	87	43	4
British Columbia	3	2	1	0	86	70	4
Manitoba	3	2	1	0	79	71	4
Alberta	3	0	3	0	57	100	0
Regina	3	0	3	0	21	105	0

Friday's games
All Times Eastern
Sherbrooke at Concordia, 7 p.m.
Saskatchewan at Calgary, 10 p.m.
Saturday's games
Saint Mary's vs. Mount Allison, 12 noon (at Moncton, N.B.)
Windsor at Waterloo, 1 p.m.
Queen's at York, 1 p.m.
McMaster at Guelph, 1 p.m.
Western Ontario at Wilfrid Laurier, 1 p.m.
Toronto at Ottawa, 1 p.m.
Montreal at Bishop's, 1 p.m.
Regina at Alberta, 3 p.m.
Manitoba at British Columbia, 4 p.m.
St. Francis Xavier at Acadia, 6 p.m.
Sunday's game
McGill at Laval, 1 p.m.

NFL

WEEK TWO

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
New England	2	0	0	1.000	73	45
Buffalo	2	0	0	1.000	79	42
N.Y. Jets	2	0	0	1.000	59	27
Miami	0	2	0	.000	37	61

SOUTH

	W	L	T	Pct	PF	PA
Houston	2	0	0	1.000	57	20
Jacksonville	1	1	0	.500	19	46
Tennessee	1	1	0	.500	40	29
Indianapolis	0	2	0	.000	26	61

NORTH

	W	L	T	Pct	PF	PA
Cincinnati	1	1	0	.500	49	41
Baltimore	1	1	0	.500	48	33
Cleveland	1	1	0	.500	44	46
Pittsburgh	1	1	0	.500	31	35

WEST

	W	L	T	Pct	PF	PA
Oakland	1	1	0	.500	58	58
San Diego	1	1	0	.500	45	52
Denver	1	1	0	.500	44	45
Kansas City	0	2	0	.000	10	89

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Washington	2	0	0	1.000	50	35
Philadelphia	1	1	0	.500	62	48
Dallas	1	1	0	.500	51	51
N.Y. Giants	1	1	0	.500	42	44

SOUTH

	W	L	T	Pct	PF	PA
New Orleans	1	1	0	.500	64	55
Tampa Bay	1	1	0	.500	44	47
Atlanta	1	1	0	.500	47	61
Carolina	0	2	0	.000	44	58

NORTH

	W	L	T	Pct	PF	PA
Green Bay	2	0	0	1.000	72	57
Detroit	2	0	0	1.000	75	23
Chicago	1	1	0	.500	43	42
Minnesota	0	2	0	.000	37	48

WEST

	W	L	T	Pct	PF	PA
San Francisco	1	1	0	.500	57	44
Arizona	1	1	0	.500	49	43
St. Louis	0	2	0	.000	29	59
Seattle	0	2	0	.000	17	57

Last night's result
N.Y. Giants 28 St. Louis 16
Sunday's results
Atlanta 35 Philadelphia 31
Buffalo 38 Oakland 35
Cleveland 27 Indianapolis 19
Dallas 27 San Francisco 24 (OT)
Denver 24 Cincinnati 22
Detroit 48 Kansas City 3
Green Bay 30 Carolina 23
Houston 23 Miami 13
New England 35 San Diego 21
New Orleans 30 Chicago 13
N.Y. Jets 32 Jacksonville 3
Pittsburgh 24 Seattle 0
Tampa Bay 24 Minnesota 20
Tennessee 26 Baltimore 13
Washington 22 Arizona 21

TENNIS

ATP BRD NASTASE TIRIAC TROPHY

At Bucharest, Romania
Singles — First Round
Joao Souza, Brazil, def. Tommy Robredo (5), Spain, 6-4, 7-6 (5).
Frederico Gil, Portugal, def. Jeremy Chardy, France, 2-6, 6-4, 6-3.

WTA WANLIMA GUANGZHOU INTERNATIONAL OPEN

At Guanzhou, China
Singles — First Round
Petra Martic (4), Croatia, def. Chang Kai-chen, Taiwan, 6-4, 6-4.
Urszula Radwanska, Poland, def. Anastasia Rodionova, Australia, 7-6 (5), 6-4.
Noppawan Lertcheewakarn, Thailand, def. Zheeng Saisai, China, 7-5, 6-0.
Doubles — First Round
Liang Chen and Tian Ran, China, def. Alona Bondarenko and Mariya Koryttseva, Ukraine, 4-6, 6-3, 12-10 (tiebreak).

ATP MOSELLE OPEN

At Metz, France
Singles — First Round
Gilles Muller (8), Luxembourg, def. Philipp Petzschner, Germany, 7-6 (2), 7-6 (5).
Marcos Baghdatis, Cyprus, def. Matthias Bachinger, Germany, 7-5, 6-2.
Doubles — First Round
Michael Kohlmann and Alexander Waske, Germany, def. James Cerretani, U.S., and Philipp Marx, Germany, 6-3, 7-5.
Kenny de Schepper and Arnaud Clement, France, def. Jamie Delgado and Jonathan Marray, Britain, 6-3, 4-6, 10-7 (tiebreak).

WTA HANSOL KOREA OPEN

At Seoul, South Korea
Singles — First Round
Dominika Cibulkova (4), Czech Republic, def. Arantxa Parra Santonja, Spain, 6-3, 7-5.
Klara Zakopalova, Czech Republic, def. Ayumi Morita, Japan, 6-3, 6-4.
Alexandra Dulgheru, Romania, def. Arantxa Rus, Netherlands, 2-6, 6-0, 7-5.
Doubles — First Round
Vera Dushevina, Russia, and Galina Voskoboeva (2), Kazakhstan, def. Akgul Amanmuradova, Uzbekistan, and Ekaterina Makarova, Russia, 6-4, 6-4.
Klaudia Jans-Ignacik and Alicja Rosolska (4), Poland, def. Erika Takao and Remi Tezuka, Japan, 6-2, 6-1.
Maria Jose Martinez Sanchez, Italy, and Francesca Schiavone, Italy, def. Irina-Camelia Begu, Romania, and Polona Hercog, Slovenia, 3-6, 7-5, 10-8 (tiebreak).

RUGBY

WORLD CUP

At Sites In New Zealand

FIRST ROUND

Last night's result
At Nelson
Italy vs. Russia
Sunday's results
At Napier
France 46 **Canada 19**
At Dunedin
England 41 Georgia 10
At Hamilton
Wales 17 Samoa 10
Tonight's game
At Whangarei
Tonga vs. Japan, 3:30 a.m.
Thursday's game
At Auckland
South Africa vs. Namibia, 4 a.m.

GOLF

PGA FEDEXCUP LEADERS

Through Sept. 18

	Points	Money
1. Webb Simpson	5,261	$5,621,043
2. Dustin Johnson	3,841	$4,167,561
3. Justin Rose	3,748	$3,249,420
4. Luke Donald	3,625	$5,418,548
5. Matt Kuchar	3,349	$4,038,587
6. Brandt Snedeker	3,094	$3,405,339
7. Nick Watney	2,516	$4,682,673
8. Chez Reavie	2,513	$2,152,267
9. John Senden	2,474	$2,127,914
10. Jason Day	2,459	$3,690,647
11. Gary Woodland	2,228	$3,163,016
12. Steve Stricker	2,205	$3,816,785
13. K.J. Choi	2,134	$4,016,024
14. Phil Mickelson	2,110	$3,536,288
15. Mark Wilson	1,973	$3,025,677
16. David Toms	1,958	$3,695,690
17. Jonathan Byrd	1,945	$2,776,034
18. Bubba Watson	1,927	$3,335,411
19. Adam Scott	1,920	$3,492,797
20. Keegan Bradley	1,883	$3,548,200
21. Hunter Mahan	1,851	$2,639,540
22. Jason Dufner	1,806	$2,867,460
23. Vijay Singh	1,798	$2,208,650
24. Geoff Ogilvy	1,789	$1,706,594
25. Bill Haas	1,788	$2,648,637
26. Charles Howell III	1,709	$2,217,756
27. Aaron Baddeley	1,692	$2,676,026
28. Y.E. Yang	1,663	$2,185,265
29. Fredrik Jacobson	1,660	$2,325,925
30. Bo Van Pelt	1,619	$2,104,546
Did not advance to fourth playoff event		
31. Martin Laird	1,589	$2,661,089
32. Charl Schwartzel	1,560	$2,604,558
33. Camilo Villegas	1,532	$1,231,918
34. Kyle Stanley	1,523	$1,417,044
35. Rory Sabbatini	1,493	$2,420,655
36. Jim Furyk	1,468	$1,441,690
37. Ryan Moore	1,465	$1,942,906
38. Jerry Kelly	1,450	$1,397,685
39. Brian Davis	1,438	$1,308,009
40. Zach Johnson	1,414	$1,880,406
41. Charley Hoffman	1,369	$1,447,171
42. Chris Kirk	1,332	$1,877,627
43. Rickie Fowler	1,323	$2,084,681
44. Sergio Garcia	1,317	$1,524,091
45. Lucas Glover	1,305	$1,759,327
46. Robert Karlsson	1,297	$1,779,815
47. Spencer Levin	1,287	$2,000,889
48. Carl Pettersson	1,284	$1,348,230
49. Steve Marino	1,262	$1,975,076
50. Jimmy Walker	1,252	$1,336,556

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Columbus	29	11	10	8	35	37	41
Kansas City	29	10	9	10	43	37	40
Philadelphia	28	9	7	12	36	30	39
Houston	30	9	9	12	38	39	39
New York	28	7	6	15	43	38	36
D.C. United	26	8	8	10	37	38	34
Chicago	28	5	8	15	33	37	30
Toronto	30	6	12	12	32	52	30
New England	29	5	12	12	32	46	27

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-Los Angeles	29	16	3	10	43	22	58
Seattle	29	14	6	9	46	31	51
Real Salt Lake	27	14	7	6	38	22	48
Dallas	29	13	9	7	36	32	46
Colorado	30	10	9	11	40	39	41
Portland	28	10	12	6	36	41	36
Chivas USA	29	7	12	10	34	36	31
San Jose	28	6	11	11	30	37	29
Vancouver	28	4	14	10	28	46	22

x — clinched playoff berth.
Note: Three points for a win, one for a tie.
Tomorrow's games
All Times Eastern
Chivas USA at D.C. United, 7:30 p.m.
Real Salt Lake at New York, 8 p.m.
San Jose at Portland, 10:30 p.m.

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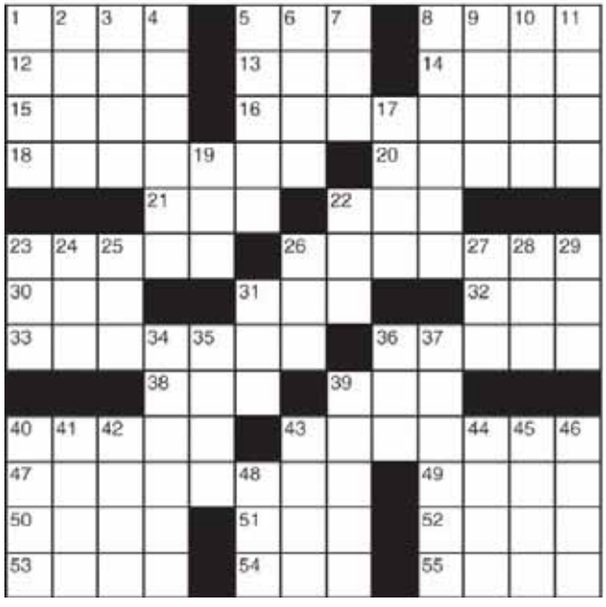
Crossword



Across

1 Padlocked fastener
5 Pigpen
8 Human heart, basically
12 Always
13 Before
14 Sandwich cookie
15 Note from the boss
16 Staff with robots?
18 Ape, e.g.
20 Pie-in-the-face sound
21 — de deux
22 Same (Pref.)
23 Verbalizes, Biblically
26 Weather conditions
30 White wine aperitif
31 Stir-fry pan
32 Trotted
33 Mosque leader's office
36 "The Silence of the —"
38 "— Impossible"
39 Help
40 Thingamajig (Var.)
43 Enliven
47 Quite close
49 "American —"
50 Gangster's subordinate
51 Dress in
52 Tiers
53 Hosiery woe
54 Suitable
55 Slave to crosswords?

Down

1 Rope fibre
2 State with conviction
3 Big truck
4 On time
5 Airplane furniture
6 Verifiable
7 Nevertheless
8 Cheerleader's prop
9 Caspian Sea feeder
10 Transcending (Pref.)
11 Versifier
17 Bone (Pref.)
19 Backrub response
22 Sort
23 Enjoy Aspen
24 Intention
25 Playwright Levin
26 Miler Sebastian
27 Branch
28 Bill
29 Type measures
31 Lbs., ozs., et al.
34 Acting out wordlessly
35 Teeny bit
36 Roman 52
37 Put on a pedestal
39 Regarding
40 Showbiz jobs
41 Part of the loop
42 Old portico
43 On
44 Commotions
45 It may be painted red
46 Otherwise
48 Oklahoma city

▶ Yesterday's answer

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Sudoku

	1		2	9				
	3		5				9	7
		5	4			2		
						8	6	5
4				6				9
6	5	8						
		9			7	4		
1	8				2		5	
				8	9		3	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

7	3	1	6	9	2	8	5	4
4	2	5	7	1	8	3	6	9
9	8	6	4	3	5	7	1	2
5	7	9	3	2	1	4	8	6
1	6	8	9	4	7	2	3	5
2	4	3	5	8	6	1	9	7
8	9	4	2	5	3	6	7	1
6	1	2	8	7	9	5	4	3
3	5	7	1	6	4	9	2	8

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

My Sugarbear
Hey Babe, love you very much! Even with all thats going on right now I will always have your back because you have always had my back and I respect that so much! I don't know what I would do without you. Age, Race, none of that matters when you got someone thats real to you and loves you for you! Keep your head up baby, your all mine and always will be, can't wait to cuddle you again and see you smile! =) Never let anyone bring you down, your a star in my eyes! **FROM CANDYSWEETZ**

Lake
As a river I am in love with lake. Sometimes it takes longer to reach the shore, but it eventually does. So be patient and stay strong n keep your heads up. You are my one n only true love L. Take care. Smile pl.:):) **FROM RIVER**

A look at the weather

TODAY	WEDNESDAY	THURSDAY
Min 3° Max 16°	Min 6° Max 22°	Min 11° Max 24°

Andrew Schultz, Meteorologist
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

Today's horoscope

♈ Aries March 21-April 20 Stay positive, and great things will happen.
♉ Taurus April 21-May 21 You still have enough time to put the finishing touches to something of a creative nature.
♊ Gemini May 22-June 21 If you somehow get involved in a dispute between friends or relatives today you must be even-handed.
♋ Cancer June 22-July 22 Change is good and positive.
♌ Leo July 23-Aug.23 If you want something enough you will find a way to get it, but it may cost you more than you expected.
♍ Virgo Aug. 24- Sept. 22 You will always get another chance. Don't put pressure on yourself unnecessarily.
♎ Libra Sept. 23-Oct. 23 You are on the cusp of a wonderful new phase.
♏ Scorpio Oct. 24-Nov. 22 Focus on what you desire today and you might just get it.
♐ Sagittarius Nov. 23-Dec. 21 If you throw in the towel now you will regret it later when the omens turn in your favour.
♑ Capricorn Dec. 22-Jan. 20 Make use of the Sun's last days in helpful Virgo to finalize your plans. Then, when the Sun crosses the career angle of your chart on Friday, you can act with the confidence of knowing you will succeed.
♒ Aquarius Jan. 21-Feb. 18 Whatever kind of news you receive today, don't take it too seriously.
♓ Pisces Feb. 19-March 20. You need to make a decision about a partnership or relationship matter, and you need to make it soon.

SALLY BROMPTON

Caption contest

RICK BOWMER/THE ASSOCIATED PRESS

SETH PERLMAN/THE ASSOCIATED PRESS FILE

WIN!

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Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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PILL WORLD
SMALL PORTIONS, BIG FLAVOUR ON THE MENU {page 7}

FUTURE GENETICS
PARENTS TO CREATE THEIR OWN SIDNEY CROSBY {page 4}

WHEELS OF TOMORROW
GREEN AND STYLISH {page 9}

CALGARY metro®

September 20, 2031
www.metronews.ca

News worth sharing.

DAVID VAN DYKE/PHOTO ILLUSTRATION/FOTOSEARCH.COM

Drawing the future

Youth of today are in control of what their lives will look like in 2031 Metro teams up with a group of young writers to get a glimpse of what the future holds

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Born to be … anyone you want

Did you want to be an athlete or a rock star? Genetics screening will help detect predispositions toward certain skills, strengths and attributes

Ever wonder what you were born to be? The next Katy Perry? Or Sidney Crosby? Well, 20 years from now, you won't be wondering — you'll know.

Here's how: Genetic screening in early childhood will detect specific genes that offer a predisposition to certain skills, allowing parents to direct their children toward careers that they were just born to have.

"There are already options available to test for things like traits," said Jill Davies, director of genetics at Medcan Clinic in Toronto. "You can predict what a person's eye colour will be, or whether they're going to be sprint runners."

Consider this: ACTN3 is a gene found in many elite-level athletes. A variation in this gene can determine whether an individual is predisposed to success in endurance sports, speed and power sports, or a combination of the two.

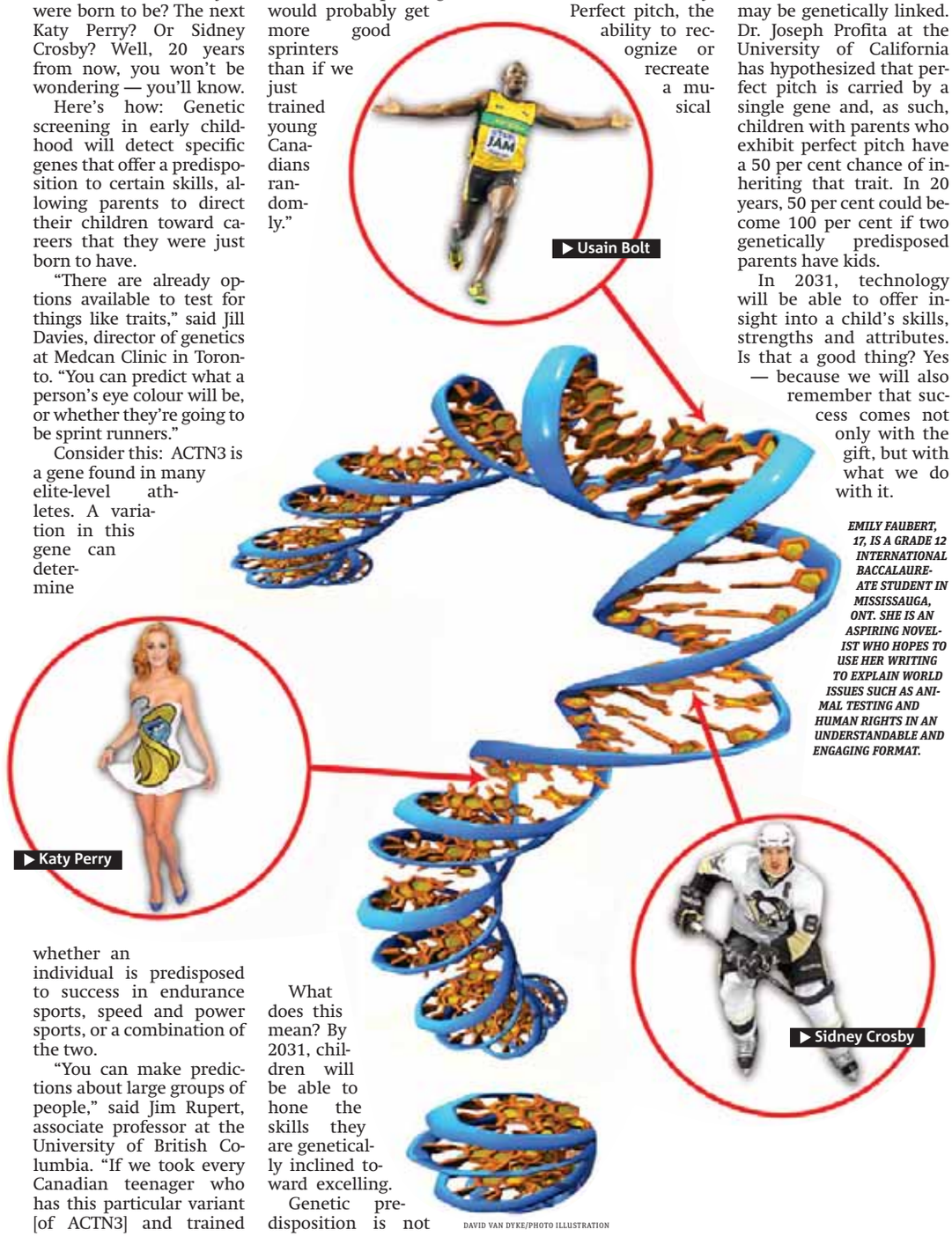
"You can make predictions about large groups of people," said Jim Rupert, associate professor at the University of British Columbia. "If we took every Canadian teenager who has this particular variant [of ACTN3] and trained them all for sprinting, we would probably get more good sprinters than if we just trained young Canadians randomly."

What does this mean? By 2031, children will be able to hone the skills they are genetically inclined toward excelling.

Genetic predisposition is not limited to athletic ability. Perfect pitch, the ability to recognize or recreate a musical note, is another trait that may be genetically linked. Dr. Joseph Profita at the University of California has hypothesized that perfect pitch is carried by a single gene and, as such, children with parents who exhibit perfect pitch have a 50 per cent chance of inheriting that trait. In 20 years, 50 per cent could become 100 per cent if two genetically predisposed parents have kids.

In 2031, technology will be able to offer insight into a child's skills, strengths and attributes. Is that a good thing? Yes — because we will also remember that success comes not only with the gift, but with what we do with it.

EMILY FAUBERT, 17, IS A GRADE 12 INTERNATIONAL BACCALAUREATE STUDENT IN MISSISSAUGA, ONT. SHE IS AN ASPIRING NOVELIST WHO HOPES TO USE HER WRITING TO EXPLAIN WORLD ISSUES SUCH AS ANIMAL TESTING AND HUMAN RIGHTS IN AN UNDERSTANDABLE AND ENGAGING FORMAT.



DAVID VAN DYKE/PHOTO ILLUSTRATION

EDITOR'S NOTE

Welcome to 2031!

We have seen the future — and we want to share it with you.

Metro's Future Daily began with a simple idea. What will Canada and the world look like 20 years from now? When we reached out to our network of young writers, the response was overwhelming. Story ideas ranged from technology, education and science to the future of media, the environment, fashion and food.

With so many incredible ideas, the scope of the project doubled and the issue began to take shape. We wanted it to be innovative, creative and cutting edge. We found ourselves working with a diverse lineup. It seemed that our writers wanted to focus on issues that reflected their passion, and not just their creativity. So began our summer project…

The stories you will read here reflect the vision of young people across Canada. There is something here for everyone. If you are a businessperson, you may find it interesting to read Tarini Chandak's vision for a mainstream business model based on social entrepreneurship.

Flip the pages to discover what foods we will be eating in 2031 and how we will conserve our planet's water supply. Explore crowd-accelerated innovation with Selin Jessa, as she delves into the theory behind the online video movement.

Want to know whether your children and grandchildren can be superkids? Read Emily Faubert's vision for genetic predetermination. And there's more…

We, young writers and dreamers of this age, have tapped into our limitless optimism to compile this issue to bring you our vision of an alternate future — a future that is free of apathy and band-aid solutions.

Let us all take a step toward that sustainable future. Here's to piloting the next 20 years and beyond!

The Editorial Team

THE FUTURE DAILY EDITORIAL TEAM, LED BY FREE THE CHILDREN STAFF, IS COMPOSED OF FIVE YOUNG, ASPIRING JOURNALISTS WHO ARE PART OF THE JUNIOR JOURNALISM PROGRAM RUN BY FREE THE CHILDREN.

"By 2031 I would love to see a cure for most if not all of the world's terminal illnesses. I would also love to see a world where every human being is treated equally and can equally access and enjoy the resources of the world."

SHAWN DESMAN,
JUNO AWARD-WINNING CANADIAN POP ICON AND PRODUCER

"By 2031, I'd like to see the gap between rich and poor narrow significantly. Whether on an individual, local or international level, it is such an obvious issue that I think the world must deal with (it)."

AISLINN PAUL
ACTRESS, DEGRASSI

LAST ONE TO THE 4TH DIMENSION IS A BIOENGINEERED EGG.

Sure, this decade has seen some impressive advancements, but nothing comes close to the 2031 MINI Coupé. Standard features include antimatter turbo boost, dual flux capacitors, thought-sensitive steering, dual planet GPS, and two cupholders. Don't take our word for it, test drive one today. Or time travel back to 2011 and try out the original.

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Finding a life on Mars

Moving to Mars means we could continue our patterns of unsustainable living ◐ We just need a replacement planet ◐ Venus also has potential

▶ Mars has a rich environment of carbon dioxide that could be developed into an atmosphere suitable for humans.

It's a sad day when pollution is so heavy the air tastes like dirt. All the while, icebergs are melting, cities are flooding and forests are being destroyed.

The world's population is using 20 per cent more natural resources than the Earth can produce and there is an ever-increasing population and ever-decreasing food supply. What the world needs is a fair, cheap and easy solution.

I shall therefore humbly propose my own thoughts. I have been assured by a reliable Internet blog that there is a great opportunity to colonize Mars. It has a rich environment of carbon dioxide that could be developed into an atmosphere suitable for humans.

Therefore, I propose that mankind move to Mars and leave Earth to become a desolate wasteland. Mars is approximately half the size of Earth so only half the population should be permitted to move to Mars. Immigrants will be selected based on a key criteria — those who have leading roles in society (celebrities, corporate leaders and politicians).

There is a dual purpose in sending these people to Mars. It is well known that governing bodies control action taken toward climate change and many corporations are the leading cause of pollution. If these people are sent to Mars, the degradation of Earth will be slowed down so a few more generations can live a quiet existence.

Don't mention other solutions — of cutting consumption, of green transportation and of sustainable living — until there is any glimmer of hope that people will make a sincere attempt to put them into practice.

"Don't mention other solutions until there is any glimmer of hope that people will make a sincere attempt to put them into practice."

Before any counter-proposals, consider these two points: Those who have the power to influence change are not creating policies to divert from our current path. Secondly, those who have the financial means to invest in real solutions have more to lose so are apt to continue their ways.

Moving to Mars would mean mankind wouldn't need to learn a lesson from the wasteland formerly known as Earth — we just need to start searching for another replacement planet. I have heard that Venus also has great potential. Citizens could continue in their patterns of unsustainable living without concern for the future, continuing to think short term, living in their oversized homes and driving SUVs.

Author's note: This piece has been inspired by Jonathan Swift's A Modest Proposal, in which he satirically proposes children be used for red meat to end Ireland's economic woes.

CHRISTINA FRANC, 21, HAS A BACHELOR'S DEGREE IN JOURNALISM FROM CARLETON UNIVERSITY.

Looking ahead

Michel Chikwanine
SPEAKER, ME TO WE
"I envision that by the year 2031, the world will have met the United Nations Millennium Development Goals. In 2031, every girl around the world will get to go to school."

Craig Kielburger
FOUNDER, FREE THE CHILDREN
"By 2031, I envision a world in which apathy is no longer an issue. Young people will have the passion and creativity to change the world … they will be empowered on the world stage and treated as equals."

The future isn't so scary

Hollywood imagines this generation's future as a science experiment with apocalyptic results, but author Mark Stevenson insists it doesn't have to be that scary.

Stevenson spent a year travelling the globe asking scientists and philosophers what's next for us. He synthesized the answers in his book, An Optimist's Tour of the Future. It is being turned into a TV series and a Hollywood movie.

SUBMITTED

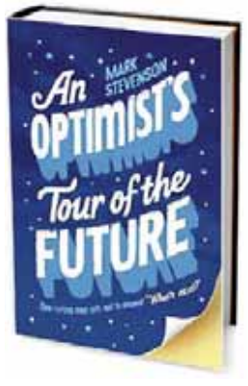
▶ Author Mark Stevenson

What are your goals for the book?
I wanted to write about the scientific horizon for a wide audience because there's a revolution coming and more of us should be informed.

Did you write from an optimist's perspective?
"Optimist" appeared in the title because I saw so many interesting possibilities, and my agent said I'd sell more copies. I am not saying the future will be better — I am saying it could be, so I'm a possiblist.

What will be the most interesting scientific innovations?
To quote William Gibson: "The future is here. It's just not widely distributed yet." So, synthetic biology is already in use. If you're diabetic, it's almost certain your insulin supply is produced by E. coli bacteria whose genome has been tinkered with. The list of nanotechnology-based products already available includes microprocessors, cleaning products, toothpaste, pregnancy tests, stain-resistant clothing, and — it seems to me — a disproportionate number of hair-straightening devices.

As we speed into the future, what's core to being human?
Talking about technology makes people quite scared, but advancement is a whole-hearted expression of our humanity — it's what distinguishes us from other species. No other animal does this. There isn't a bunch of dogs putting together an equivalent of your newspaper and no dogs will read it.



These innovations will come to be because that's what human beings do. Hoping to roll back the march of human culture is about as pointless as trying to reconstruct the frog your younger brother just put in the blender.

Are information technologies useful or just overloading us?
It's up to us how we use technology. If you have mass access you must employ mass-filtering. To make decisions we have machines to mine information and get a much clearer picture.

You investigated solar energy and on your trip carried a solar-panel bag. Is that the future of fashion accessories?
It does get a lot of comments. Ironically, the battery is broken but the panel still works so the new technology is outlasting the old. By 2020 even solar pessimists believe people will be choosing solar because it's economic rather than green. Regardless of your opinion on climate change, energy independence is better than relying on oil and the few countries who export it.

SARA FRIZZELL IS A THIRD-YEAR STUDENT MAJORING IN JOURNALISM AT CARLETON UNIVERSITY.

DAVID VAN DYKE/PHOTO ILLUSTRATION

Pills on the menu

Since the complete breakdown of the Earth's ecosystem, solid, chewable food has ceased to exist. Fortunately, at Pill World, our scientists have been hard at work replicating the main ingredients in the most popular dishes from 20 years ago and distilling their flavours into delicious pills.

While the average 2011 diet consisted of a variety of fresh and processed foods, massive leaps in agricultural technology led to global use of genetically modified foods. After a series of natural disasters in 2012, the world's supply of sustainable foods was virtually wiped out. Meanwhile, prices for remaining foods have doubled, as Oxfam predicted back in 2011. Pill World was born — universally accessible, eco-friendly and affordable. Bon appetit!

Appetizers

• Pile o' Chicken Wing Pills: This smoky, saucy flavour will make you feel like you're eating a whole stack of juicy chicken wings from the rare North American chicken.

• Chicken Quesapilla: The quesadilla was a cheesy, meaty Tex Mex dish mostly served in dive bars in neither Texas nor Mexico.

• Tossed Pill Salad: Distilled from only the freshest remaining vegetables on the planet — tomatoes, spinach and a lot of other "green" things charred beyond recognition.

Speciality Drinks

• Pill and Tonic*
• Vodka, Cran and Pill*
• Whiskey Sour Pill*

*Please note that pills only contain the flavour of alcohol and not the intoxicating properties. All of the fun of drinking without any of the consequences!

DAVID VAN DYKE/ PHOTO ILLUSTRATION

Le menu at Pill World — bon appetit!

Entrees

• Pasta Pillmavera: The taste of spring veggies, pasta and sauce in one smooth, mess-free capsule.

• Cheeseburger Pill-stravaganza: A primitive sandwich made of meat, bread and cheese. We think you'll find our cheeseburger-flavoured capsules more delicious, nutritious and satisfying.

• Braized Chicken Breast with Caramelized Onions and a Red Wine Reduction: The pill is an improvement!

Desserts

• Chocolate Mousse Pill-splosion: The real version would have made you fat. We're doing you a favour.

• Apple Pie à la Pill: Just like your mom's apple pie, except more pill-shaped.

MICHELLE BLANCHARD IS A FOURTH-YEAR JOURNALISM STUDENT AT CARLETON UNIVERSITY.

Conserving Canada's 'liquid gold'

DAVID VAN DYKE/PHOTO ILLUSTRATION

▶ The Toronto waterfront if water conservation efforts fail.

Water is one of the world's most precious resources, and although Canada seems to have plenty of lakes and rivers, we need to be just as careful as every other country in conserving our share of this fast-depleting "liquid gold."

Bob Sandford, an adviser to the Rosenberg International Forum on Water Policy, said Canadians are among the world's greatest water wasters and polluters — second only to Americans in per capita water use. Although we know we need to protect it, water remains one of our most undervalued resources.

Andre St Hilaire, member of the Canadian Water Resources Association, said it's important to make conservation efforts on an individual and national level. If we don't take the time to conserve water now, by 2031 we may be making some of these more drastic lifestyle changes:

Everyone will have to become vegetarian.
The amount of water it takes to raise animals for food is extraordinarily high compared to what it takes to grow food sources like vegetables, soy protein and rice. While a pound of beef requires about 2,500 gallons of water, a pound of soy only needs 250 to grow.

Turfgrass will be eliminated.
Turfgrass (which covers the lawns of thousands of homes in Canada) is potentially the single biggest waste of fresh water in Canada and the U.S. Indeed, a massive 30 per cent of the available drinking water in America goes to feeding turfgrass (a plant that isn't a food source).

The population will have to shift north.
While Canada is perceived to be a water-rich country, almost all the available fresh water we have is directed north while the majority of the population is in the south. In order to make the most of the fresh water we have, people are going to have to head up to the territories along with the water.

No more plumbing.
Toilets, showers, baths, dishwashers and laundry machines are some of the biggest drains on the world's fresh water resources. In order to conserve water, all this activity will have to take place without the use of plumbing — through septic tanks, sponge baths and cycling water.

EMILY RACK, 21, IS A FOURTH-YEAR JOURNALISM STUDENT AT CARLETON UNIVERSITY.

Smaller families

- **With the projected 2050 population** at 9.5 billion, there won't be enough water to sustain the world's population if people keep reproducing at their current level.
- **The environmental adviser** to the British government has suggested that families with more than two children are putting an unbearable burden on the Earth. With only one- or two-child families, the world's water supply will last much longer.

The news is...in your head?

The newspaper you are holding in your hand, the news networks we watch after coming home from dinner — these are our windows to the rest of the world. But by 2031, innovations in technology could change the window we look through and even ourselves.

Social media: Delivering your news in 2031

Social media will be at the forefront of news delivery in 20 years. Unfiltered, first-hand perspectives from real-life people will be the order of the day.

Imagine checking Facebook or Twitter and hearing stories from soldiers on the front line in real time, or from aid workers at the scene of a tsunami.

With such profound changes, the ethics of news reporting will undoubtedly be altered. According to Bryan Orend, a philosophy professor at the University of Waterloo

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▶ Head implants will receive the news in 2031.

in Ontario, "confirmed selection bias would worsen if you were to get your news from social media... groups of friends telling each other things they all want to hear, confirming pre-existing beliefs." So while social media will expand our horizons, it may also end up polarizing in its reach.

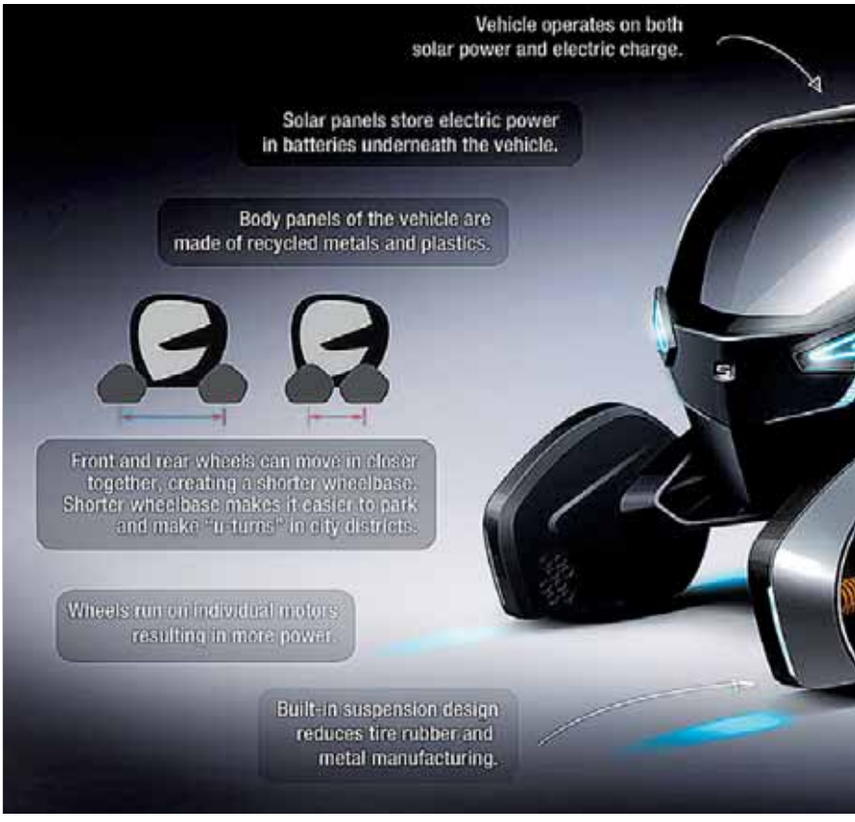
News microplants in your ear? Yes, please

What if we went beyond changing the news, and changed ourselves? What if we could biologically remodel our brains in order to get real-time updates? Some people may no longer be content with a BlackBerry. They may want micro-chips installed in their heads instead.

Alan Lacopi, the operations director for the Queensland Micro and Nanotechnology Centre, said such innovations are possible. While receiving images in the brain may be a long way off, in 20 years Lacopi suggests that this will be the norm.

While this technology is possible, some argue that it is not worth the risk. Professor Paul Yager, chair of the Department of Bioengineering for the University of Washington, argues that "we've developed a technology (the smartphone) that makes the risks unnecessary," at least for an able-bodied person.

HOWARD LEUNG IS A UNIVERSITY STUDENT STUDYING ACCOUNTING. HE IS INTERESTED IN GLOBAL AND LOCAL ISSUES.


Vehicle operates on both solar power and electric charge.
Solar panels store electric power in batteries underneath the vehicle.
Body panels of the vehicle are made of recycled metals and plastics.
Front and rear wheels can move in closer together, creating a shorter wheelbase. Shorter wheelbase makes it easier to park and make "u-turns" in city districts.
Wheels run on individual motors resulting in more power.
Built-in suspension design reduces tire rubber and metal manufacturing.

We've Got High Hopes!
In fact, 65% of Metropolitan Panel members believe we'll be scheduling holidays on the moon 20 years from now!*
Our optimistic panelists think that round-the-world trips above the atmosphere, space station resorts, and dinner by moonlight – on the moon, aren't too far away.
* Metropolitan Panel; Travel Survey - August 2011
Departures 2031
Time To Flight no. Gate
09:35 NEW YORK DF2753 A1
09:40 FRANKFURT LN3211 C3
09:45 TORONTO GT4638 A2
09:45 LONDON KV3323 B4
09:50 MIAMI LX3100 A2
09:55 THE MOON LV2317 A5
10:00 PARIS BD9032 B1
10:00 MARS FB5610 C4
10:05 HONG KONG EN4267 A4
10:10 BARCELONA GC5433 C1
10:15 TOKYO LY4488 B2
10:20 MOSCOW KF3280 B4
10:25 ZURICH TK7252 A4
10:30 LOS ANGELES TK3946 A1
10:35 ROME RZ1408 B3
10:40 HONOLULU EK4319 A1
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MATTHEW LAW

The car of tomorrow

Imagine a vehicle that not only operates on electric power, but one that uses solar energy and recycled materials to save energy — and the planet

The automobile of 2031 can seat one to two passengers, depending on the model. Instead of gasoline, this vehicle operates on electric power, which is obtained through the solar panel roof and electric charge (power outlets).

As the car is running, the power charged from the solar panel is stored in battery cells underneath the driver's seat and vehicle.

All of the interior, exterior body panels and covers are made from recycled metals and plastics (to reduce manufacturing new resources and materials). And all panels are painted with biodegradable paints instead of toxic chemicals. Large windows give the driver more natural light for better visibility and reduced blind spots.

Each wheel runs on its own individual motor, resulting in more power and traction. The new suspension and wheel design is much simpler, making it easier to repair, fix and find replacement parts.

Instead of using air-filled tubes, the individual suspensions (positioned in six, similar to spokes) act as the rubber cushioning. The wheels maintain the same shock absorption as standard suspensions while eliminating the chance of rubber tire failures.

Also, the new wheel design further reduces toxic pollution created from manufacturing tire rubber.

One of the most unique features of this vehicle is its capability to have the front and rear wheels fold in together. As the wheels move in, the wheelbase shortens, making it easier to turn around, make u-turns or park in tight areas (such as downtown districts, parking lots and sidestreets).

Strips of LED lights are placed on the front and rear wheel covers for better visibility, while using less power and creating less heat.

MATTHEW LAW IS A TORONTO-BASED DESIGNER AND COMMERCIAL PHOTOGRAPHER. HE IS IN HIS LAST YEAR OF STUDIES AT HUMBER COLLEGE IN THE TRANSPORTATION/INDUSTRIAL DESIGN PROGRAM. HE SPECIALIZES IN AUTOMOTIVE AFTERMARKET AND CONCEPT DESIGN. VISIT HIS WEBSITE AND PORTFOLIO AT MATTHEWLAW.CA.

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» Craig Kielburger, founder, Free the Children

» Dr. Gabor Mate, leading psychiatrist and author

» Dr. Samantha Nutt, founder, War Child Canada

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Web to speed up innovation

Online video is inspiring global conversations and will change the way we approach world issues

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▶ The Internet represents Earth's last untapped resource — human potential.

The Internet is bringing people around the world together to tackle the challenges facing our generation. In 2031, it will have radically changed the way we approach our collective challenges, thanks to something Chris Anderson, curator of the global TED conferences, calls crowd-accelerated innovation.

It's the use of online video to speed up innovation. You create a video and post it on YouTube. Tens of thousands of people watch it, share it, talk about it, vote on it...and are inspired to create their own video building on yours. And so on. And so on.

In the year 2031, a generation of passionate activists, artists, scientists and entrepreneurs around the world will build projects together.

Because we can all be each other's inspiration, supporters, collaborators and critics, web video offers the potential for challenges to be approached from many perspectives with stronger solutions.

The global conversation is already growing. Consider the TED conferences, which are built on the mantra of "ideas worth spreading."

Goran Kimovski, organizer of TEDxKids@BC in Vancouver, said change will occur because of "the sum of tools and platforms that will enable the formation of true communities with no actual boundaries that can be represented geographically."

Tara Mahoney is the creative director of Gen Why, an organization that uses the Internet to inspire the millennial generation to make a difference.

"As the largest and most global generation in human history, there is immense power in youth being connected to one another," she said. "The Internet (and access to it) might be one of the most important political issues of our time."

The UN recently declared Internet access a basic human right, meaning that no government can deny people access to the Internet. It's clear from movements occurring around the world that Internet access can translate to having a voice, and it becomes more difficult to dismiss the Internet as a luxury.

In the future, the Internet will expand from a human right to a democratic necessity. If in the next 20 years we take advantage of it, a better world is within reach.

SELIN JESSA, 16, IS A GRADE 11 STUDENT WHO IS PASSIONATE ABOUT THE USE OF ART, SCIENCE AND TECHNOLOGY TO TACKLE OUR GENERATION'S CHALLENGES.

New meaning to making some green

Are profitability and effecting social change mutually exclusive? Not in 2031. Social entrepreneurs will be applying innovative solutions to pressing social problems to achieve sustainable profit margins while effecting social good.

"Challenges like poverty, hunger and the environment have been around for some time. Traditional approaches have yet to create systemic and sustainable change. We need a fresher, more unique approach — social entrepreneurship — to tackle these issues," said Craig Keilburger, co-founder of Free the Children and its social enterprise arm, Me to We.

Based on this need, it's predictable that within one generation, social enterprise will become a third sector working parallel to profit and non-for-profit sectors.

Annalea Krebs, founder of ethicalDeal, an online company that uses the group buying model to make green mainstream, agrees that we're at a tipping point. "The demand for products and services that are healthy for the planet and the community is increasing. More and more companies are demonstrating that you can make profit with purpose." In 20 years, this will be the norm.

The first step, said Keilburger, is to make the spirit of entrepreneurialism a part of everyday life through the school system, development opportunities and institutes like MaRS, a not-for-profit that works to commercialize publicly funded medical research with the help of private enterprise.

"People are tired of business as usual. The hope is that this time, we can and will do things differently," said Krebs. "Social entrepreneurs have always believed this."

And in 2031, this belief will be a reality.

Today there are examples of successful social entrepreneurship business models, such as the Oxfam Store in Europe. The store is a direct result of government, entrepreneurs and community members, focusing on developing opportunities for social enterprise to thrive.

There will be a necessity for organizations to focus on methods to achieve financial objectives while creating a social return. It will be this collaboration that will lead to more sustainable and viable solutions to the economic and social problems we face.

TARINI CHANDAK, 18, IS A FIRST-YEAR ACCOUNTING AND FINANCIAL MANAGEMENT STUDENT AT THE UNIVERSITY OF WATERLOO. SHE AIMS TO COMBINE BUSINESS KNOWLEDGE AND A PASSION FOR SOCIAL GOOD THROUGH SHOPANTHROPIC.

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